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EXCLUSIVE

HE'S THE ROCK STAR OF THE BUSINESS WORLD, BUT YOU MAY BE SURPRISED BY THE GLOBAL REACH OF THE AUDACIOUS SIR RICHARD BRANSON. TODAY, METRO PROFILES:

- POLITICS AND HIS WORK WITH WORLD LEADERS PAGE 16
- CULTURE AND THE SEVEN THINGS THAT FUEL HIS PASSION PAGES 22-23
- STYLE AND HIS TRADEMARK CASUAL-CHIC LOOK PAGE 28
- DRUG LEGALIZATION. BRANSON IS IN FAVOUR, BUT WOULD IT WORK? FIND OUT AT METRONEWS.CA



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Justin Trudeau speaks to supporters at the Dashmesh Seniors Centre in Calgary on Wednesday afternoon. Trudeau announced his candidacy for leader of the federal Liberal party on Tuesday night in Montreal. ROBSON FLETCHER/METRO

Trudeau touts centre in Calgary

Past. When asked about his father's unpopular policy, Trudeau replied, I had nothing to do with the National Energy Program. I was 10.

Federal Liberal leadership candidate Justin Trudeau addressed hundreds of supporters in Calgary on Wednesday, saying he aims to carve out the middle ground in Canadian politics and re-engage a public largely disillusioned with the status quo.

Trudeau said he wants to engage voters who are tired of "the same old, same old" in Ottawa and who are "hopeful that we can have a better type of politics."

He commended the gathered faithful as the "bravest Liberals in the country" for

A national party

"We have to make sure any party that wants to be a national party ... has to connect with all Canadians across the country."

Federal Liberal leadership candidate Justin Trudeau

standing with the party despite its historic lack of popularity in Alberta, and for their commitment to being "moderate, centrist, contemplative, pragmatic and evidence-based" in their politics.

"You reject the politics of resentment and division that are the hallmarks of our opponents, both on the left and the right," Trudeau said.

Despite the hostile territory, Trudeau said it made sense to make Alberta his first stop after announcing his leadership campaign in Montreal on Tuesday.

"We have to make sure any party that wants to be a na-

tional party, wants to be serious about being a party that all Canadians are going to pay attention to, has to connect with all Canadians across the country," he said.

But University of Calgary political science professor Barry Cooper described that view as "naïve," saying regional divisions in Canada are unlikely to be bridged by any leader or party.

"There never has been a national party, at least not since the 1930s," Cooper said. "That's the fundamental reality of the federation, and Liberals have often wished it was otherwise."

ROBSON FLETCHER/METRO

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Wanted: Clients in E. coli suit

Nationwide.
Edmonton man
launches class-action
against XL foods

**RYAN
TUMILTY**
calgary@metronews.ca

The lawyers behind a class-action suit of XL foods hope to bring Canadians across the country that were sick or had to throw away beef into their suit.

The southern-Alberta meat processing facility remains closed and over 1,500 products have been recalled over concerns that they are tainted with E-coli.

Matthew Harrison, the suit's representative plaintiff, got sick after consum-

ing steaks at a friend's barbeque. He said he wants to make sure the company takes food safely more seriously.

"Someone needs to be held accountable for this. The meat never should have left the plant," Harrison said. "If the Americans found it at their border, why didn't someone find it before it left the plant?"

Richard Mallet, the lead lawyer on the suit, said since they announced it they have had dozens of calls from people looking to join up.

"Since the news broke yesterday we have been getting a number of calls, we have had calls from British Columbia, from Ontario and from Alberta," Mallet said.

Mallet said they haven't determined how much to seek in the suit and that will ultimately be based on whether people became ill or whether they simply purchased the tainted meat.

Harrison's meat came from a Costco store and local health officials did raise concerns about a tenderizing process used at that store. Concerns have also been raised about the government inspection process.

Mallet said right now they are only looking at XL Foods' involvement.



Matthew Harrison, left, sits with his lawyer Richard Mallet during a press conference Wednesday. Harrison is the representative plaintiff in a massive beef lawsuit. RYAN TUMILTY/METRO

Recall list

A full list of recalled products are available on the CFIA's website inspection.gc.ca.

- A similar suit was brought against Maple Leaf foods after a listeriosis outbreak involving tainted meat from its plant in 2008.

Homicide victim suffered injuries prior to death: Police



Calgary homicide victim Meika Dawn Jordan in this photo posted to a Facebook tribute page.

FACEBOOK.COM

Police have revealed that a young Calgary homicide victim sustained injuries prior to her death last year, including a third-degree burn on her hand and fingers.

As well, investigators have identified the biological father and stepmother of six-year-old Meika Dawn Jordan as suspects in her death.

Emergency responders found Jordan unconscious inside a Temple home Nov. 13, 2011. She died in hospital next day.

An autopsy later deter-

mined the cause of death to be blunt-force trauma to the head and abdomen, discrediting claims by Jordan's father and stepmother that the youngster had fallen down the stairs.

"Given new medical evidence that has come to light, investigators are confident that they will be able to move the investigation forward," said police staff Sgt. Doug Andrus, adding the father and stepmother, who were the sole care providers when Jordan's injuries were sustained, are not

co-operating with investigators.

Andrus added that Jordan suffered a burn and other injuries that remained undisclosed Wednesday. He did not provide a timeline for when the injuries occurred.

Kyla Guttman, Jordan's biological mother, welcomed new details from police and expressed optimism that charges would be laid soon.

"There was always speculation about whether this was the accident," she said.

Suspects

Police staff Sgt. Doug Andrus said police are still working to determine whether both Meika Dawn Jordan's father and stepmother were involved in her death.

"From my perspective, I knew there was something that wasn't quite right, so this doesn't come as a complete shock."

JEREMY NOLAIS/METRO

1 NEWS

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City gears up for new season of snow removal

Signage. Officials say additional snow-route parking signs will be added



KATIE TURNER
katie.turner@metronews.ca

As the flakes begin to fall, City of Calgary officials say they are ready for the impending snow season, and plan to improve the parking bans introduced

last year.

Dean Bell, manager of maintenance for the city's roads department, said there will be some modifications made to the snow-route parking ban.

"After the first snow event in December 2011, we increased the number of signs by 50 per cent based on citizen feedback," said Bell. "This year we've already begun to install more signs to ensure that snow routes are clearly marked and visible to all commuters."

The parking bans, which

can last up to 72 hours on marked routes, were introduced last year to expedite the snow-clearing process. Bell said when the two bans were called last year, they did help speed up the clearing process.

"It's a huge help for us in efficiency," he said. "The difference between doing those routes with a ban in place compared with a ban not in place is about a 30 per cent decrease in time."

For more information, visit calgary.ca/snow.

Freewheelin'

Bike lanes to get priority clearance

For the first time, the roads department will be classifying on-street, marked bike lanes as Priority 1 routes, meaning they'll be cleared much

sooner.

Bell said this move is part of the city's overall strategy to support alternate modes of transportation.

"What that should do is get them cleaned up about 24 hours earlier than they would have been in the past."

KATIE TURNER/METRO

Privacy breach

School board admits flub

Calgary Board of Education officials have removed expense documents from the organization's website after realizing some of the published material contained private information.

Partial credit-card numbers and expiry dates, home and cellphone numbers, and information concerning the place of work of at least one trustee's husband was among the published material pointed out to Metro on Wednesday.

Trustee Carol Bazinet said that while she fully supports the board's move toward disclosing expenses of elected officials and senior administrators, a line was crossed concerning her own personal information.

"It should have been checked before it was posted," she said.

The expenses were published Tuesday in line with new public-official-disclosure policies laid out by the provincial government.

CBE spokesperson Richard Peter admitted a mistake was made and said a valuable lesson had been learned.

"No one wants to learn in a way that causes any harm to anybody," Peter added. "Right now, we are apologizing to the people who were affected by this and committing to make sure that we put processes in place to prevent it from happening again."

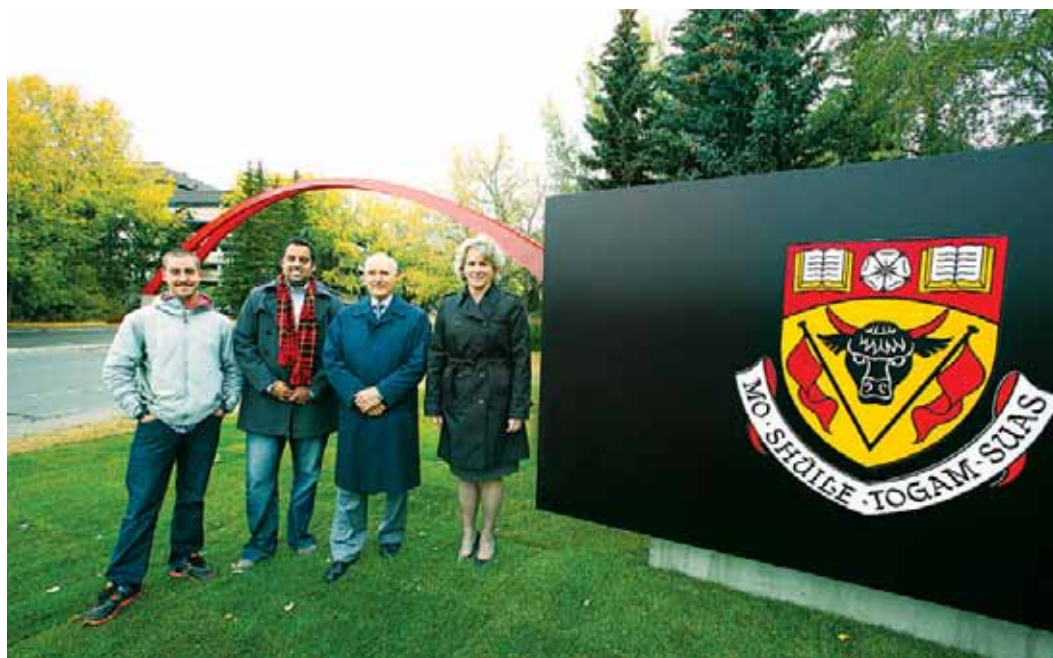
The expenses had been completely removed from the CBE website by midday Wednesday, and Peter said they would only be reposted after a thorough review.

JEREMY NOLAIS/METRO

Arch arrival

Sporting a fresh coat of red paint, the distinctive arch that greets guests arriving at the 24th Avenue entrance to the University of Calgary was celebrated on Wednesday along with one of its original designers, Bob Loov, who originally created the structure as part of a pedestrian bridge over Crowchild Trail. When Crowchild was later widened, the bridge was removed and placed over University Drive. Student Dominik Rozwadowski later suggested changing its original beige colour to U of C red, and the university and students' union loved the idea. Pictured are, Rozwadowski, left, student union president Hardave Birk, Loov, and university president Elizabeth Cannon.

ROBSON FLETCHER/METRO



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Geo-Energy . Alderman says lead Shawnee consultant should be fired

Things got off to a rocky start the day after city council directed Shawnee Slopes residents and the development team behind a contentious project to work more closely together.

Representatives from both sides who spoke with Metro on Wednesday expressed a willingness to work with one another, but the area's alderman, Diane Colley-Urquhart, called on one of the lead consultants and spokesmen for developer Geo-Energy to be removed from the process.

Urquhart took exception to some of Ray Clark's public

comments following a contentious, two-day public hearing that wrapped up late Tuesday night.

"If Geo-Energy are really serious and genuinely concerned about the community and being a good neighbour and a good partner, they should probably fire Mr. Clark," she said.

Clark had suggested there was little more to be gained from further dialogue over the issue, which has been on the table for more than four years.

He was not available for an interview on Wednesday.

ROBSON FLETCHER/METRO

Domestic violence

Wanted Calgary man arrested in Stettler

The Calgary police are crediting the public and the media, along with quick work from the RCMP, in nabbing a man suspected in a local domestic-violence case.

Noel Anthony Gerbrandt, 27, was taken into custody by Stettler RCMP Tuesday evening, after Canada-wide warrants were issued Sept. 28 for his arrest.

Gerbrandt is wanted in connection with previous domestic-violence charges. He remains in RCMP custody until a court appearance and transfer to Calgary. METRO

Parvovirus cases prompt animal-group warnings



These dogs were all found suffering from Parvovirus in Central Alberta. One of them has since died. COURTESY OF ALBERTA ANIMAL RESCUE CREW SOCIETY

Sick pups. Contagion claims lives of at least five dogs found in central Alberta recently



JEREMY NOLAÏS

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Numerous dogs found suffering from the potentially fatal Parvovirus in recent weeks have Alberta animal groups on high alert.

On Tuesday, the Calgary Humane Society was forced to euthanize a litter of four puppies found in the town of Exshaw that were all suffering from the contagion, which has the tendency to rapidly attack cells and cause bloodstream infections, severe dehydration and other complications.

"If they are seeing it in rural Alberta, we're going to see it here as well," Christy Thompson with the society said.

The highly contagious disease was also discovered in five dogs found in two separate areas of Central Alberta by representatives with the Alberta

Animal Rescue Crew Society (AARCS), according to executive director Deanna Thompson. One of those pups also died.

"It's extremely expensive to treat and easily preventable with vaccines," Thompson said of the virus.

But Dr. Duane Landals with the Alberta Veterinary Medical Association said when cases of Parvovirus drop out of the public eye, some pet owners have the tendency to become complacent and go without vaccinations. "If you get a number of people that don't vaccinate, the disease resurges," he said. "Keep up the appropriate immunization, Parvovirus has not gone away."

The infected dogs taken in were kept in quarantine.

Symptoms

- Dogs infected with Parvovirus will usually begin to show symptoms like diarrhea and vomiting 7-10 days after contracting the disease, according to the Calgary Humane Society.

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\$10,000 reward offered for Old Man Winter Bandit

The Calgary Police Service and the Canadian Bankers Association are on the lookout for a suspect known as the Old Man Winter Bandit, who they say may be responsible for eight bank robberies across Western Canada.

The Canadian Bankers Association is offering a \$10,000 reward to anyone who provides information

leading to the arrest and conviction of the bandit.

The suspect is described as Caucasian, 50-60 years old, between 5-8' and 6' tall with a medium build. Police say he has been clean and unshaven at different times and has short grey hair, usually with sunglasses on top of his head.

Those with information are asked to call Crime

Stoppers at 1-800-222-8477.

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Bank bandit

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WORKOPOLIS

XL Foods beef recall

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affecting **66** retail outlets.

Making it the
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recall in Canadian history.

CFIA employs **40** inspectors and
6 veterinarians at the XL Foods plant in Brooks.

**Ground beef, steak
and ribs**
are among the
recalled product

5
cases of E. coli
in Alberta can
be linked to the
XL Foods recall

An average Canadian eats **44.2 lbs** of beef per year.
Alberta raises **39.3%** of all beef in Canada.



In 2011, Alberta exported
\$1.6 billion
in beef & cattle by-products

Information source: CFIA, Alberta Beef Producers
Current as of Oct. 2, 2012

Spotlight on E. coli may hasten breakthrough

Critical research.

Experimental treatment could be lifesaving for E. coli patients who develop kidney failure



**ROBSON
FLETCHER**
robson.fletcher@metronews.ca

If there's a silver lining to the current beef recall in Alberta, it's that all the public attention may help accelerate University of Calgary research into what could become the first-ever drug treatment for E. coli infection.

"It's very unfortunate when outbreaks occur, but it doesn't hurt our cause when we're out trying to get funding," said Dr. Glen Armstrong, who is leading a team of researchers working on the drug.

The experimental treatment has shown a lot of promise in mice, Armstrong said, and the next step is to move to clinical trials in humans.

Reality bites

"I just wish we didn't have to have outbreaks or huge recalls to focus people on it."

Dr. Glen Armstrong, University of Calgary

There are a number of hurdles to clear before that happens, however, not least of which is finding the funding.

"It's tough in this day and

age," Armstrong said, especially for human trials, which are particularly pricey.

Currently, Armstrong said doctors can only treat the symptoms and not the underlying cause of E. coli infection. Traditional antibiotics don't work and, in fact, make the infection more likely to spread to the kidneys, leading to possible renal failure. But the experimental drug is designed to reroute the infection to the liver, where it is destroyed.

"The toxin has no ability to have its toxic effects in the liver," Armstrong said.

If all goes well, Armstrong said E. coli infections could one day be treatable in hospital. He said a team of Japanese researchers is also working on a different potential treatment, and they recently started clinical trials in Argentina.

"It's quite conceivable that any really successful treatment is going to be a combination of drugs," he said.

Response from the feds

Ritz says food safety a high priority

Federal Agriculture Minister Gerry Ritz appeared at a Calgary news conference Wednesday, which was cut off by his aide after about 10 minutes.

Ritz, who toured the

XL plant in Brooks, Alta., earlier Wednesday, said the government's "highest priority" is to keep the food Canadians eat safe.

"That is why the XL Foods plant will only resume operation when the president of the Canadian Food Inspection Agency has confirmed in writing to me that the health of Canadians is not at risk," Ritz said.

"Canadian consumers have always been,

and will continue to be, the government of Canada's first priority when it comes to food safety," Ritz said.

**THE
CANADIAN
PRESS**



GERRY RITZ

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Dr. Glen Armstrong displays a model representing the virus that infects E. coli bacteria, which is what makes it pathogenic to humans. ROBSON FLETCHER/METRO

No steak tartare. Beware of beef cooking temperature, whether it's 'needled'

The recent E. coli scare may be forcing some people to think twice about consuming beef products.

But a mouth-watering steak or juicy hamburger can still be enjoyed if proper precautions are taken.

"If you're going to eat beef, cook it well," says Abraham Van Melle, an instructor at SAIT's meat operations and management program.

"That means if you're cooking a steak, make sure it's at least 170 F in the thickest part of the meat."

It's disappointing news for those who like their

steaks medium-rare or enjoy the odd plate of steak tartare, but Van Melle says until the beef recall ends, people need to thoroughly cook their beef dishes.

"I wouldn't take any risks with the product because you're not sure right now where it's coming from," he says.

Van Melle is urging people to purchase a meat probe, or meat thermometer to ensure the meat is cooked to the correct temperature.

"Don't try to be a chef and go by feel," he says. "Use an internal probe because every cooking appliance is different."

However, John Humphreys, executive chef of Calgary Co-op, says people should be more concerned about the meat being "needled" than its temperature.

Needling is a tenderizing technique that pierces the meat and can push bacteria from the outside into the interior.

"If they are needled, you should probably consider cooking these well done."

LISA WILTON/FOR METRO

Precaution

When cooking beef, as with any raw meat, avoid cross-contamination.

- Co-op executive chef John Humphreys says always use clean plates for cooked hamburgers and wash any knives you use to cut raw meat before using it to chop any vegetables.

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Serbia bans pride parade

Police cite potential for violence. Decision follows request by church leaders

Serbia's police on Wednesday banned a gay-pride march in Belgrade, citing security concerns, but also complying with a request from Serbia's Christian Orthodox church.

Police said they were ban-

ning the march planned for Saturday because they feared a repeat of the violence in 2010, when right-wing groups attacked a gay-pride event in Belgrade. That triggered day-long clashes with the police that left more than 100 people injured.

Last year's march also was banned by authorities.

The current ban was announced after Patriarch Irinej, the head of Serbia's Christian Orthodox church, urged

the government to prevent Saturday's march. In a statement, he said such a "parade of shame" would cast a "moral shadow" on Serbia — a conservative Balkan country whose gay population has faced threats and harassment.

Allowing a gay-pride march this year had been regarded by some as a test of Serbia's pledge to respect human rights as it seeks European Union membership.

THE ASSOCIATED PRESS



In this 2010 photo, police protect a gay pride parade in Belgrade, Serbia.

DARKO VOJNOVIC/THE ASSOCIATED PRESS FILE

WikiLeaks bail jump

Assange allies want their cash

Supporters of Julian Assange are waiting to find out if they will lose the £140,000 (\$222,000) they put up in bail surety money because the WikiLeaks founder has sought political asylum in Ecuador's Embassy in London.

Assange, 41, has been holed up in the embassy since June 19 as part of his bid to avoid extradition to Sweden, where he faces questioning over sex-crimes allegations.

By seeking refuge in a foreign embassy, Assange breached his British bail conditions.

THE ASSOCIATED PRESS

Bosnian conflict

War-crimes suspects freed

Bosnia's war-crimes court has acquitted two former Bosnian Serb policemen accused of participating in the 1995 Srebrenica massacre.

The court said Wednesday that prosecutors failed to prove Dragan Neskovic and Zoran Ilic committed crimes against humanity by rounding up Muslim men for execution and then firing into the piles of bodies to make sure there were no survivors.

Judges concluded that witness statements were contradictory and the credibility of some of them was doubtful.

THE ASSOCIATED PRESS

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Yes they could

This photo from 2008 shows the remains of a woman in a grave in Geitzendorf, Austria. The Museum of Ancient History Lower Austria says the remains are that of a woman metal worker from more than 3,000 years ago — the first indication women did such work back then. **THE ASSOCIATED PRESS**

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Monarchy adversary dies before becoming a Canadian citizen

Dream unfulfilled.

Toronto lawyer Charles Roach crusaded for change to citizenship requirements

A man who refused to take the oath of citizenship because of his opposition to the monarchy has died with his decades-long dream of becoming a Canadian unfulfilled.

Toronto civil-rights lawyer Charles Roach, who immigrated from Trinidad and Tobago more than half a century ago, died Tuesday after a long battle with brain cancer. He was 79.

Roach had fought to change the country's citizenship requirements to allow people to swear an oath to Canada instead of the throne, which he said represented a legacy of oppression, imperialism and racism.

A New Democrat MP is now calling on Ottawa to make Roach, who was a prominent community activist, a Canadian citizen posthumously.



Charles Roach
THE CANADIAN PRESS

In a statement Wednesday to the House of Commons, Andrew Cash urged the government to honour Roach with the status.

"People may not agree with the views that Mr. Roach expressed around this issue, but I think you can disagree and still respect the man and his contributions," the Toronto MP said in an interview from Ottawa.

Cash said he tried asking Immigration Minister Jason Kenney last week to fulfil Roach's dying wish to become a Canadian citizen by pledging allegiance to Canada, instead

of the monarchy.

But Immigration Canada quickly shut the door on any chance that Roach would be given his citizenship after death.

"There is no provision under the Citizenship Act for the Minister of Citizenship and Immigration to grant citizenship posthumously," a departmental spokesman wrote in an email Wednesday.

A close friend and colleague, Peter Rosenthal, said Roach's desire to become a Canadian citizen was extremely important to him, but his conscience wouldn't allow him to swear allegiance to the Queen.

Roach, who said he believed there were many other residents of Canada like him, initiated the first of several court challenges to remove the royal reference from the oath in the 1990s.

His latest legal battle will continue after his death because there are other applicants, said Rosenthal, who will argue the case before the Ontario Superior Court in July.

THE CANADIAN PRESS

New Brunswick. More than 3,000 moose killed during record hunt

New Brunswick hunters killed 3,556 moose during last week's three-day moose season.

Natural Resources Minister Bruce Northrup says that's a

record for the annual hunt.

Northrup says the figure is up by 44 per cent from last fall, mainly due to an increase in the number of licences made available in the prov-

ince.

There were more than 4,700 licensed hunters for the Sept. 27-29 hunt, with about 75 per cent successful in getting a moose. THE CANADIAN PRESS

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Batman in cuffs. Man dressed in superhero costume arrested

Police say they arrested a U.S. man after he showed up at a crime scene wearing a Batman outfit because he wouldn't leave them alone.

"He wouldn't clear the scene, and we had a canine out there, and he kept screwing up the scent," State Police Sgt. Jeff Gorno told the Petoskey News-Review.

Mark Wayne Williams, 33, was charged in Saturday's incident with resisting and obstructing police in an investigation. **THE ASSOCIATED PRESS**



Mark Wayne Williams in his costume. PETOSKEY DEPARTMENT OF PUBLIC SAFETY

Dying language

Last native speaker dies at 92

In a remote fishing town on the tip of Scotland's Black Isle, the last native speaker of the Cromarty dialect has died, taking with him another little piece of the English linguistic mosaic.

Scottish academics said Wednesday that Bobby Hogg, who passed away last week at age 92, was the last person fluent in the dialect once common in the seaside town of Cromarty, about 280 kilometres north of Scottish capital Edinburgh.

THE ASSOCIATED PRESS

Stolen batch of maple syrup gets police escort

Sweet and sticky gold. A large quantity of stolen pancake topping has been brought back to Quebec from N.B.

took an interprovincial journey — accompanied by a squad of provincial police cars.

The shipment stems from an investigation into a stolen haul from a Quebec warehouse and the sticky substance is on its way back home from neighbouring New Brunswick.

Yvon Poitras, the general manager of the New Brunswick Maple Syrup Association, says the goods came from a New Brunswick exporter.

"(The convoy's) under police protection going somewhere in Quebec," he said.

"We've been asked not to talk because it's under investigation."

Police confirm that an investigation is underway, but are keeping mum. They will only say that a search was carried out on Sept. 26 at a company alongside a highway in Kedgwick, N.B.

In August, the Quebec Federation of Maple Syrup Producers reported the theft of a massive quantity from the warehouse in St-Louis-de-Blandford. The missing stock was discovered during a routine inventory check.

The burglarized warehouse held more than 4.5 million kilograms of maple syrup, valued at over \$30 million.

The exact amount of the theft was not disclosed.

THE CANADIAN PRESS



Bottles of Kickapoo Gold organic maple syrup are in seen in March 2006. TIM BOYLE/GETTY IMAGES

Nuclear sanctions partly to blame for currency plunge

Iran. Rial hits a record low of 35,500 against the U.S. dollar in street trading on Tuesday

Police threatened merchants who closed their shops in Tehran's main bazaar and launched crackdowns on sidewalk money changers on Wednesday as part of a push to halt the plunge of Iran's currency, which has shed more than a third its value in less than a week.

The measures underscore a concern by officials facing one of the most destabilizing scenarios, which has been partly blamed on the fallout from Western sanctions over Tehran's nuclear program.

Public anger has mounted over a combination of a falling currency and rising prices, which have put staples like chicken and lamb out of reach of many low-income Iranians.

The shrinking rial also has



The bazaar in Tehran in July. Iran has launched crackdowns on street money changers to halt the plunge of their currency. VAHID SALEMI/THE ASSOCIATED PRESS

rekindled bitter political feuds between President Ahmadinejad and his rivals, who claim the crisis has also been fed by misguided monetary policies. Iran's rial hit a record low of

35,500 against the U.S. dollar Tuesday in the widely followed street-trading rate. It was about 24,000 a week ago and 10,000 to \$1 U.S. in 2011.

THE ASSOCIATED PRESS



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Leaked papers. Pope's docs found in butler's home: Vatican cops

Vatican police said Wednesday they found thousands of documents hidden inside the home of Pope Benedict XVI's former butler, including original documents signed by the Pope bearing indications they should be destroyed.

The police officers testified in the trial of Paolo Gabriele, the Pope's once-trusted butler who faces four years in prison if convicted of aggravated theft for allegedly stealing papal documents and leaking them.

Prosecutors have said Gabriele, a devout 46-year-old father of three, confessed to leaking copies of the documents to journalist Gianluigi Nuzzi because he wanted to expose the "evil and corruption" in the church to help put it back on the right path.

The documents have ignited an uproar, for they revealed infighting and alleged corruption in the Vatican as the Pope grows older and more frail.

The security breach has been one of the most damaging scandals of Benedict's seven-year papacy.

Gabriele said he stood



In this file photo taken in May, Pope Benedict XVI, with his butler Paolo Gabriele, delivers his blessing at St. Peter's square. THE ASSOCIATED PRESS

by his confession and acknowledged he betrayed the Pope's trust, but he nevertheless pleaded innocent to the charge of aggravated theft.

The final four witnesses in the trial were heard Wednesday, and closing arguments are set for Saturday, when a verdict by the three-judge Vatican panel is expected.

THE ASSOCIATED PRESS

Protester pulled from perch on St. Peter's



Italian businessman Marcello De Finizio as he protests on St. Peter's dome on Wednesday. THE ASSOCIATED PRESS

Economic reforms.
Italian businessman protesting latest austerity measures atop basilica pulled inside by firefighters

An Italian man gave up his protest atop the St. Peter's Basilica after more than 24 hours perched on the 130-metre-high dome to demonstrate against government reforms.

The man, identified as Marcello De Finizio, the owner of a beach-front concession and restaurant in the northern city of Trieste, climbed up Tuesday evening.

Protest

"I am not a crazy man who wants to kill himself."

Marcello De Finizio, businessman to Sky24 by cellphone from his perch, explaining he is protesting, not suicidal.

Two firefighters helped pull De Finizio inside the basilica on Wednesday evening, a full day after he eluded Vatican security to scale the dome.

In a surreal contrast, Pope Benedict XVI's regular papal audience — which draws tens of thousands of pilgrims on Wednesdays — went on as scheduled despite the protest taking place on the dome above.

De Finizio put up a banner saying "Help! Enough Monti!" — referring to President Mario Monti, the architect of Italy's economic reforms.

Italian media said he had spent three nights on a 70-metre-tall metal structure in Trieste earlier this year in a similar anti-reform protest.

De Finizio, who reportedly lost his restaurant in a fire and has struggled to get a loan to rebuild, has received moral support from other concession owners, who issued a statement saying they shared his "uncertainty about the future."

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Obama hoped to bring bin Laden to trial: New book

The Finish. Revelation could provide political fodder for Republicans as election approaches

A new book says President Barack Obama hoped to put Osama bin Laden on trial, showing the U.S. commitment to due process under law, if the al-Qaida leader had surrendered during a U.S. raid in Pakistan last year.

In *The Finish*, journalist Mark Bowden quotes the president as saying he thought he would be in a strong political position to argue in favour of giving bin Laden the full rights of a criminal defendant if bin Laden went on trial for masterminding the Sept. 11 attacks.

But Bowden, who also wrote *Black Hawk Down*, about the 1993 battle in Somalia in which 18 U.S.

soldiers were killed, says Obama expected bin Laden to go down fighting. A team of navy commandos, known as SEALs, raided bin Laden's compound in Abbottabad, Pakistan, in May 2011 and killed him.

The *Finish* is due to come out Oct. 16, a few weeks before the presidential election. The revelation that Obama hoped to capture bin Laden may provide political fodder for Republicans who have criticized the Obama administration for trying to bring terror suspects from Guantanamo Bay, Cuba, to trials in U.S. courts.

"Frankly, my belief was if we had captured him, that I would be in a pretty strong position, politically, here, to argue that displaying due process and rule of law would be our best weapon against al-Qaida, in preventing him from appearing as a martyr," Obama is quoted saying in an interview with Bowden.

THE ASSOCIATED PRESS



Muslims open their doors to Berlin on Unity Day

Muslims participate in midday prayers at the Sehitlik Mosque during open-house day for non-Muslims on German Unity Day (Tag der Deutschen Einheit) on October 3 in Berlin. Berlin has a large Muslim immigrant community, and many of the city's mosques open their doors to the public on the annual Unity Day. Tag der Deutschen Einheit marks the day in 1991 when West Germany and East Germany reunited following the end of the Cold War.

CARSTEN KOALL/GETTY IMAGES

Hooliganism

Justice minister rebuffs concerns, defends 2-year Pussy Riot prison sentence

Russia's justice minister is defending a two-year prison sentence handed down to members of rock band Pussy Riot, rebuffing European Union concerns that the punishment was excessive.

Alexander Kononov says the sentence given to the three band members for hooliganism after they performed a "punk prayer" against President Vladimir Putin at Moscow's main cathedral is a "very subjective matter."

Kononov was responding Wednesday to EU Home Affairs Commissioner Cecilia Malmstrom, who repeated EU concerns that the sentence was disproportionate to a "peaceful expression of protest," even though it may have offended many people within and outside the cathedral.

Kononov urged the EU to engage Russian authorities in dialogue instead of "coming up with a politicized assessment based on unverified information."

THE ASSOCIATED PRESS



President Barack Obama, Vice-President Joe Biden, Secretary of State Hillary Rodham Clinton and members of the national-security team watch an update on the mission against Osama bin Laden in the Situation Room of the White House on May 1, 2011. PETE SOUZA, THE WHITE HOUSE/AP PHOTO

Morocco. Safe-abortion boat could be turned away

Moroccan authorities said Wednesday that a Dutch ship promoting legal abortions set to dock in Morocco is operating outside the law and could possibly be stopped before arriving at a northern Mediterranean port.

The Dutch ship, which promotes safe and legal abortions worldwide, was invited by a Moroccan women's group to raise awareness in the struggle to legalize abortions, which are not allowed in the con-

servative Muslim country. It is scheduled to arrive at the port of Smir on Thursday.

It would be the "Women on Waves" boat's first landfall in a Muslim country.

"We haven't been informed about the arrival of this boat from a security standpoint. It's a boat we don't know or why it is coming, so I don't see what we can do," Minister of Interior Mohend Laenser told The Associated Press.

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Together they are stronger: Elders Archbishop Desmond Tutu and Mary Robinson, former president of Ireland, lend their support to Youngers. CONTRIBUTED/JEFF MOORE/THE ELDERS

Where spirit meets action

Double vision. A superteam of young activists and senior public figures are aiming at nothing less than saving the world



ELISABETH BRAW
Metro World News in London

It's like Space Cowboys in the real world, with aging heroes returning to save the Earth.

Meet the Elders, a group of senior public figures whose stated purpose is to work, with "an independent voice,

not bound by the interests of any nation, government or institution," for peace and human rights.

That mission can be controversial, as the Elders insist on listening to all sides in a conflict and speaking "difficult truths." Indeed, while Nelson Mandela's wife, Graca Machel, promotes an end to child marriage, former U.S. president Jimmy Carter and Mary Robinson, former president of Ireland, have visited North Korea to broker a peace deal with South Korea.

But when Mandela inspired Virgin Mobile founder Sir Richard Branson to help him launch a network of distinguished politicians, the

Young at heart

"Young people everywhere need to be assured of their incredible power. In turn, they can give us oldies some of their energy!"

Archbishop Desmond Tutu, chairman of the Elders



legendary South African was almost 90. Branson named the new group the Elders. And now they're adding a youth division: The Youngers.

"The major barrier young people have is a lack of belief in youth held by those in power. They feel they have the monopoly of knowledge," says Esther Agbarakwe, a

28-year-old Younger from Nigeria. "There are emerging global civil-society networks working on sustainability that create greater pressure from the bottom up," adds Marvin Nala, 23, a Chinese Younger.

More than mentoring, what young leaders need most is support and a listen-

ing ear, says Katy Cronin, chief operating officer of the Elders. "Elders give The Youngers recognition. They're very talented young people, but they often feel that people don't listen. The Elders listen to them and give them confidence."

The Elders now include Archbishop Desmond Tutu and former world leaders such as Carter and Brazil's Fernando Cardoso. Tutu serves as the group's chairman, while Mandela has retired.

"My fellow Elders and I often travel to places of deep unrest and suffering, but we always find wonderfully bright, inspiring young people who fill us with hope,"

Tutu says. "Five years ago, when he founded the Elders, Nelson Mandela told us to reach out to the youth and that is precisely why — young people everywhere need to be assured of their incredible power. In turn, they can give us oldies some of their energy!"

The Elders have helped negotiate between the Koreans, in the Middle East, Cote d'Ivoire, Sri Lanka and Sudan. Elder statesman Lakhdar Brahimi of Algeria has just been appointed UN peace envoy to Syria.

"The Elders demonstrated their faith in young people and told the world that youth matters," Agbarakwe says.



Esther Agbarakwe CONTRIBUTED

Case study. 'We need to lift people out of poverty'

Esther Agbarakwe of Nigeria, also known as "Esther Climate," has travelled all over Africa leading environmental initiatives, and has served as the continent's co-coordinator for the UN Commission on Sustainable Development.

As a Younger, she has drawn inspiration from Elders Mary Robinson and Archbishop Desmond Tutu. "I was really honoured to be involved and have the influence

to make changes," she says. Agbarakwe feels development has been held back by the "extreme politics and corruption" of African leaders.

"My greatest ambition is to support development that leads to environmentally sustainable growth in Nigeria, lifting people out of poverty and empowering them to hold government accountable."

KIERON MONKS/METRO WORLD NEWS



Martin Nala CONTRIBUTED

Case study. 'Youth have enormous power'

A volunteer litter-picker at the age of 10, Younger Martin Nala has devoted himself to grassroots activism on issues ranging from HIV to sustainability. He led a youth team to the Rio+20 summit.

"The result of Rio+20 is, for sure, depressing regarding nations' co-operation and international regime-building. But on the other side, I saw more energy from grassroots," he says.

Nala is determined to bring sustainability to his homeland of China and believes young leaders will make a difference.

"Youth brought up in cities may not be aware of how serious the problems are at this very moment," he says, pointing to the issue of air quality as an example. "If they see it, they have enormous power to change it."

KIERON MONKS/METRO WORLD NEWS

Dogfight in Denver: Obama tries to stifle a Romney romp

Was it Mitt's night? In the tweeting universe, it seems he won on points over president's stay-cool professorial demeanour

The race to the White House took a heated turn Wednesday night as U.S. President Barack Obama and Republican challenger Mitt Romney clashed over taxes and jobs.

After hundreds of campaign stops, \$500 million US in mostly negative ads and countless tit-for-tat attacks, Obama and Romney went head-to-head in a high-stakes TV showdown watched by millions.

Romney pointed to the weak U.S. economic recovery, arguing that Obama's policies have failed and he doesn't deserve another term.

"Going forward with the status quo is not going to cut it for the American people who are struggling today," Romney said in the Denver debate.

Obama accused Romney of wanting to "double down on the top-down policies" that led to the economic crash four years ago.

Romney denied that and said that under Obama's policies "middle-income families are being crushed."

Romney said he would repeal and replace regulations passed after the 2008 financial crisis.



The debate is over and it's time to forget the barbs. The Obama and Romney families talk in Denver Wednesday night. CHARLES DHARAPAK/THE ASSOCIATED PRESS

Obama responded: "Does anyone think there is too much oversight and regulation of Wall Street?"

If so, he declared, "Gov. Romney is your candidate."

Obama said Romney's plan to reduce all tax rates by 20 per cent would cost \$5 trillion and benefit the wealthy at the expense of middle-income taxpayers.

Showing a real-time liveli-

ness that has largely eluded him through 18 months on the campaign trail, Romney brought the A-game nobody was quite sure he had.

Written off by much of the American media as a long-shot, Romney had everything to prove in this, the first of three debates that will sharpen a bitterly divided country as it enters the home-stretch to Nov. 6.

Obama, by contrast, played the debate with caution, maintaining a calm, professorial demeanour as he walked carefully through the policy weeds of the past four years.

The president's performance was that of a front-runner protecting a lead. And though judgment should be reserved until Americans themselves weigh in, the

broad sense of the tweeting commentariat was that Romney won on points.

Moderator Jim Lehrer led with a light touch, leaving the candidates ample room to roam across the full spectrum of front-line American issues, from economic growth to government regulation to debt and foreign affairs.

THE ASSOCIATED PRESS/
TORSTAR NEWS SERVICE

Happy first family

Twenty is plenty? No way!

Forget about a date night.

U.S. President Barack Obama and wife Michelle marked their wedding anniversary with a debate.

Their 20th anniversary was Wednesday, the day of the first vital television debate.

"Go figure," the first lady said in a recent TV interview.

Obama said he and his wife have planned a belated celebration on Saturday.

The Obamas will at least spend their anniversary in the same city, a rarity as both are frequently in battleground states in the campaign's final weeks.

There was a quick moment of laughter during the debate when Obama referred to first lady Michelle — who was in the audience — as "sweetie" and noted it was their 20th anniversary.

Romney added his best wishes.

Then he said to the first couple, "I'm sure this is the most romantic place you could imagine, here with me."

THE ASSOCIATED PRESS

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Entrepreneurs à la Sir Richard

Screw fashion as usual. The new label Maiyet



Maiyet's clothing prioritizes their global artisans. CONTRIBUTED

Fashion. Saving lives. The two can be polar opposites, but upscale label Maiyet hopes you fall in love with their designs first, then continue to purchase them because of their mission to help local artisans sustain their own businesses.

"What we don't do is produce pity products," co-founder Paul van Zyl explains to Metro. "We design products that people will wear regardless of the cause."

Maiyet scouts rare and unique artisanal items from around the world — like hand-woven cloth from

Varanasi, India and hand-carved bone from Kenya — to use in their products.

Then they use part of their profits to fund training programs to educate craftsmen on how to make better quality products, and how to use their business to provide a stable source of income for their communities.

They also front the money to produce the goods so artisans don't have to be stuck in high-interest loans. All of that is on top of making sure that people get paid fair wages.

Van Zyl's background

doesn't exactly scream Carrie Bradshaw: He is the former executive secretary of South Africa's post-apartheid Truth and Reconciliation Commission and he never really worked in the fashion industry.

What drew him to the project was the idea that people don't have to choose between doing well in business and doing good for the world.

Van Zyl says the economic crisis has made people realize that there must be a better way to run their companies, and he believes strongly that there is a way

Quoted

"What we don't do is produce pity products. We design products that people will wear regardless of the cause."

Maiyet co-founder Paul van Zyl

for moral markets to exist.

"We believe in trade and aid, not trade versus aid," he explained. "We want these companies to be small and sustainable and to make beautiful products."

METRO WORLD NEWS

Screw school as usual. The Khan Academy

With 186 million views — more than Justin Bieber — the latest viral YouTube smash features ... school lessons about math, computer science and the Greek debt crisis? Yup, thanks to Salman Khan.

In 2004, Khan was a hedge fund manager tutoring his long-distance cousins with web videos. "They told me they preferred me on YouTube than in person," is Khan's catchphrase, a self-deprecating remark that's the key to his charm. The idea snowballed.

Eight years later, Khan Academy offers a combination of tutorial videos and an online classroom for the community to talk through their



Salman Khan CONTRIBUTED

questions. The courses, which range from algebra to art history, are offered 24-hours a day to anyone — student, teacher, or parent.

METRO WORLD NEWS

Screw soccer as usual. The Homeless World Cup

It started with a chat between colleagues Mel Young and Harald Schmied in a Cape Town bar, discussing ways to bring attention to homelessness.

"Soccer is the 'universal language' that brings people together, wherever they are," says Young. "It is cheap and easy to organize and great fun for everyone — of all ages and abilities. It is also a team game, and is good for health and fitness. Soccer can have a huge impact on people but all sports have the power to change people's lives."

Today, their Homeless World Cup has 73 national partners who organize programs to help a variety of people including the homeless, people who are struggling with drug and alcohol addiction and those with



Scotland, winners of the 2011 Homeless World Cup CONTRIBUTED

HIV/AIDS.

All participate in the annual Homeless World Cup tournament, which will take place in Mexico City Oct. 6 through 14 this year.

For Young, what keeps him going is a pragmatic attitude that actions speak louder than words. METRO WORLD NEWS

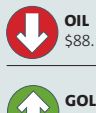
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GOLD
\$1,779.80 US (+\$4.20)

Natural gas: \$3.395 (-13.6¢)
Dow Jones: 13,494.61 (+12.25)

GOOD NEWS TODAY

Are you complacent where you are or with what you have achieved? God is saying, "Come up higher."

(When people commend themselves, it doesn't count for much. The important thing is for the Lord to commend them. 2 Corinthians 10:18)

GOODNEWTODAY.CA

More Canadians are crossing the border to catch cheaper flights

A new report finds that a soaring number of jet-setting Canadians are border-hopping to catch cheaper flights.

The Conference Board of Canada report, issued Wednesday, said that about five million Canadians now cross the U.S. border by land every year to fly out of American airports.

Higher airfares and fees and taxes in Canada, as well as differences in wages, aircraft prices and industry productivity makes it 30 per cent cheaper to fly out of the U.S.

The Conference Board says fees and taxes make up about 40 per cent of the cost of an

airplane ticket in Canada.

The report suggests that while other factors are beyond government control, small reductions in the airfare differential could lead to traffic gains for Canadian airports and carriers.

It estimates that changes to Canadian policies alone could bring more than two million passengers a year back to Canadian airports.

Federal Finance Minister Jim Flaherty told reporters Wednesday that Ottawa is "concerned" about the issue and that federal Transport Minister Denis Lebel "has been working on a consulta-

tion project with the airlines, with the airport authorities in Canada to try to see what we can accomplish."

The Conference Board analysis focused on Vancouver International Airport, Pearson International Airport in Toronto, and Montreal-Trudeau International Airport, along with their cross-border competitors.

"The fact that Canada's largest airports are losing traffic to cross-border competitors matters because it undermines their role as national and international hubs," said David Stewart-Patterson, the Conference Board's vice-

Lost revenue

The report acknowledges that reducing airport fees and taxes would reduce revenues for Ottawa in the short term, but much of the loss could be recaptured by a spike in revenues generated by an increase in traffic in Canada.

president of public policy.

"When a Canadian hub airport loses passengers, it can lead to reduced flight frequencies, higher travel costs and poorer service for all Canadians." THE CANADIAN PRESS

FANCY RESTAURANTS? STICK A FORK IN ME, I'M DONE



HE SAYS...
John Mazerolle
metronews.ca

So I was at a fancy restaurant recently, which, given my lack of kitchen skills, is a bit like Patrick Stewart at a hair salon or Gandhi going out to play paintball.

A lot of culin-narys like me eat

at restaurants, but rarely has the contrast been this extreme.

On the one hand, you had me: The worst cook in the world, topping out in creativity with my piece de resistance bacon and eggs (now with toast!)

Dressing a part, if not the part

"I needn't have worried. The first good sign was that there was no dress code. Given my hiking boots and jeans I assumed they'd say, 'Good evening sir, the loading doors are out back. We fill the dumpster at about 11:15.'"

On the other, you had the restaurant: Geranium, an establishment in Copenhagen overseen by the best chef in the world.

Geranium is a Michelin-starred restaurant, so that guy made of tires likes it, and the "best chef" label comes thanks to the Bocuse d'Or, a world cooking contest revered by chefs because it's the only one ever created that doesn't involve Gordon Ramsay.

I felt so out-of-place that I was nervous when I arrived.

Understand that my childhood eating experiences were centred around meals like soggy fish sticks and Grade "Needs Remedial Help" beef.

I eat at lots of restaurants now, it's true, but I still felt like there was potential for embarrassment at such a classy joint. Maybe I'd do the wrong thing and everybody would freeze.

"Gasp! He's using the dessert fork for the appetizer!"

"My. God. Toss him?"

"No. But let's change the meal to a bowl of Kraft Dinner and a pat on the head."

I needn't have worried. The first good sign was that there was no dress code. Given my hiking boots and jeans I assumed they'd say, "Good evening sir, the loading doors are out back. We fill the dumpster at about 11:15."

Instead, they led me to my table and were very patient with me as they explained each of the 15 courses.

Server: Did you enjoy your emmer and spelt, sir?

Me: Maybe?

Server: You're doing fine, sir.

Me: I think I ate my napkin.

Server: Very good.

If I had eaten my napkin, you can bet they would have come running with a new one. That was a perk I learned quickly: Finish a drink, they refill it. Done with a fork, here comes a new fork. I was alone, but if I had a date with me I might have knocked her from her chair just to see if they'd immediately plunk down a new one.

So the service was fantastic, and the food was great, too.

I came away inspired and planned to change my personal cooking habits. From now on, whenever I eat a strip of bacon I will immediately replace it with another strip of bacon and so on in that fashion. The Bocuse d'Or is mine.



In order to climb the ranks in the restaurant biz — refill, refill, refill.

JOHN MAZEROLLE/METRO

Bite-size meal for a beast



CAMERON SPENCER/GETTY IMAGES

Sydney, Australia

Croc wakes up to a beefy breakfast

Rex, one of the world's largest crocodiles, feasts on beef ribs after waking up from his lengthy slumber.

It's the first meal after three months of hibernation for the five-metre, 700-kilogram saltwater crocodile, who resides at Wild Life Sydney Zoo. Keepers Wednesday lowered the food from a safe distance to avoid being part of the meal themselves. **METRO**

Crocodile digestion

They need plenty of sun in order to eat

Body temperature is the key reason why crocs feast between long intervals.

"As crocodiles are cold-blooded creatures, they need sunlight to give them the energy they need for metabolism, in order to digest their prey items," crocodile specialist Shaun Foggett told Metro.

Saltwater crocodiles are one of the few predators that consider humans to be a prey item. **METRO**

Saltwater crocs

- **Size.** Largest living crocodilian — specimens at 1,000 kilograms (2,200 pounds) are not uncommon.
- **Speed.** Can swim at 40 km/h and can travel 32 km/h on land. "Their speed is the most astonishing thing about them," Foggett said.



Register at metropolitanpanel.ca and take the quick poll

Do you fear a looming bacon shortage?

57%
SOMEWHAT, I CAN GET USED TO TURKEY BACON.



14%
NO, PIGS ARE PETS, NOT FOOD.



29%
YES, WHAT WILL I PUT ON MY BURGERS, PIZZAS AND PANCAKES?



Twitter

@LindsayKruger:

It's beginning to look a lot like Christmas ... #yyc

newspapers. #myfuture #yyc

@PrairieProblems:

First snowfall in Calgary since May 5. Didn't even make it 5 months without snow. #yyc #prairieproblems

@natashakarcz:

Best friend's complaining about how hot it is a couple provinces over & I'm geared up to embrace a blizzard. #whatswrongwiththis-picture #yyc

@tbacq:

I saw two old guys in coffee shop this morning laughing at pictures of dogs and politicians in various

@Paul_Dunphy:

Wondering how many times I'll hear, "Are you responsible for this weather?" today. Goes with the territory. #yyc #weather



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James Davidge: Eccentric in the best possible sense

My Modern Panic. Short stories and illustration collection goes from 'horrific' to 'almost therapeutic'



BACKSTAGE PASS
Lisa Wilton
calgary@metronews.ca

James Davidge thinks about things most of us wouldn't even begin to imagine: What would happen if the wealthier members of society started to collect homeless people and display them as art? What would happen if talking goldfish could help build a sustainable farm on an unused offshore oil rig?

Odd ideas indeed, but ones that make for wildly entertaining prose and equally creative illustrations such as those found in his latest book, *My Modern Panic: Short Stories* by James Davidge.

The author says the eight stories included in *My Modern Panic* are reflective of various stages of his life during the past seven years.

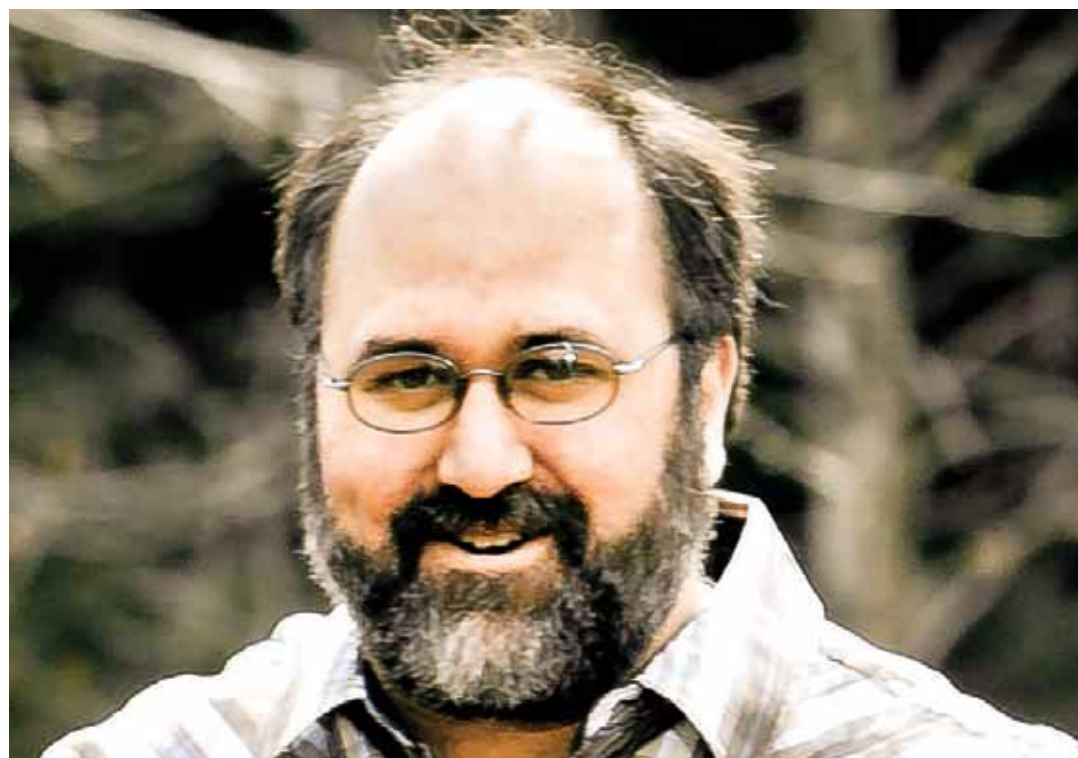
"There's a progression there," he says.

"The stories at the beginning are quite horrific, but then they start to become more solution-oriented and almost therapeutic."

The book's final piece, titled *Poems, Pratlfalls and Other Wild Thoughts*, features a poem written just after his three-year-old daughter Ella was born.

"She made a big change in how I viewed the world and how I needed to respond to the world," he explains.

"A lot of these stories are the panics that I had when I



James Davidge's *My Modern Panic* launches Thursday at Shelf Life Books. HANDOUT

had a little less responsibility."

The graphic novel features illustrations by local artists including Nathan Miller, Judd Palmer, Ben Leung and Fiona Staples.

Staples is a hot name these days in the comic book world for her work on the series, *Saga*, by sci-fi author Bryan K. Vaughan.

"I've known her since she was a young go-getter artist at ACAD," says Davidge.

Davidge also has a long history with Palmer, with whom he co-founded the famed

Calgary-based performance company, Old Trout Puppet Workshop.

"Judd illustrated my first two prose novels," says Davidge.

"He helped me navigate the publishing world when I first started."

Though he has written five youth-oriented fantasy novels, starting with 2006's *Driftwood Ellesmere*, Davidge's first love was comic books.

"In junior high, I became more aware of the independent comics of the time," he

Details

- Davidge will be on hand for the *My Modern Panic* book launch, which takes place Thursday at Shelf Life Books (1302 - 4 St. S.W.) starting at 7:30 p.m.

- There will also be a community discussion about Activism and the Arts with guests Xstine Cook, Beth Ed and

Sharon Stevens, as well as the premiere screening of local band Cowpuncher's new video, *Kill All the Artists*. The video features the work of Davidge and illustrator Fiona Staples.

- For more information about Davidge and his work, go to jamesdavidge.blogspot.ca

says.

"That you could self-publish your own comics was

very inspiring to me and it introduced me to the non-superhero genre."

2 SCENE

On the web



Qriket

Sweden to open museum showcasing career of '70s pop group ABBA

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BEING BRANSON

THE MANY FACES OF THE VIRGIN MAGNATE

“Like a virgin, touched for the very first time.” OK, it’s a Madonna hit — but Sir Richard Branson comes to mind whenever you hear the word ‘virgin.’ Today, Branson’s group, which runs some 400-plus companies in areas from mobile telephones and travel to music and health services, has more than 50,000 employees and annual revenues of around \$21 billion US.

An iconoclast and adventurer, he is also deeply involved in non-business activities. Meet the other Bransons.

ELISABETH BRAW
elisabeth.braw@metro.ia



ILLUSTRATIONS: MIA KORAB/METRO WORLD NEWS

Disarmament: Let's get rid of that old junk and save money

Twenty years ago, the United States and Russia had thousands of nuclear weapons each.

The arsenal was called MAD, Mutually Assured Destruction, because they could easily annihilate the world many times over.

Today, the world's nuclear powers — the U.S., Russia, Britain, France, China and unofficial nuclear countries like India and Pakistan — still have hundreds of nuclear warheads.

That's enough to destroy the world many times over, and these weapons cost more than \$1 billion US per decade.

As a result, Sir Richard Branson

He says

“Getting rid of nuclear weapons would save a lot of money and would solve many of the world's current deficit problems.”

Sir Richard Branson

and some 300 world leaders have formed Global Zero, a global organization that advocates eliminating all the world's nuclear weapons.

“From a deterrent point of view, a country only needs 300 nuclear weapons,” Branson told Metro earlier this year.

“Getting rid of nuclear weapons would save a lot of money and would solve many of the world's current deficit problems.”

That's because maintaining the current nuclear stockpile is hugely expensive: The total cost to official and unofficial nuclear weapons states is expected to surpass \$1 trillion US in the next decade, according to a study released by Global Zero.

Global Zero now also has some 400,000 members worldwide.

The Elders: working for peace

They're old — and cool.

When Nelson Mandela retired as President of South Africa, he wanted to use his stature to help solve conflicts around the world. He turned to Branson, who agreed to co-found and fund The Elders.

And The Elders are just that: older statesmen whose reputation allow them to crisscross the world and help solve disputes.

Mandela has since been joined by, among others, his old friend Archbishop Desmond Tutu, Graca Machel (Mandela's wife, who has a long political career in her native Mozambique)

and former U.S. president Jimmy Carter.

The Elders fill a unique need in international politics as there's no institution or organization to which parties in conflict can turn.

The United Nations appoints envoys, but their missions are official and subject to pressures from UN member states. The Elders go in a private capacity.

And after missions to the Koreas, Middle East, Cyprus and Sri Lanka, The Elders have gained the top players' attention: Lakhdar Brahimi, one of The Elders, has just been appointed UN envoy to Syria.

Space exploration: The sky is no longer the limit

The state of New Mexico hosts a novel installation: a spaceport. Starting next year, space tourists willing to pay \$200,000 US will be able to blast off from Spaceport America on a Virgin Galactic spacecraft. They'll spend two and a half hours in space and five minutes in weightlessness.

Branson says his flights are not frivolous — scientists will use the flights to carry out research on the ozone layer and NASA will rent space on flights.

His quote

"I know there are literally thousands of people who would love to go to space, to be able to look out the window, to marvel at the beautiful Earth."

Sir Richard Branson
told AFP news agency

Legalizing drugs: Follow Portugal's example

Take a look at Mexico: between January and September last year, nearly 13,000 Mexicans were killed in drug-related violence. Since the country's government launched its war on drugs six years ago, nearly 48,000 people have been killed.

More than 50,000 troops and policemen are involved in the war against drugs — and that's just in Mexico.

Each year, some \$13 billion US worth of drugs are smuggled from South America to the United States.

Combating drugs, argues Branson and others, is a waste of time and money.

Online

For more on Branson's push for decriminalizing drugs, click on metronews.ca.



Earlier this year, he testified to the British Parliament about the benefits of decriminalizing drug use, noting that countries like Portugal, which have decriminalized drug use, have seen a drop in both the number of drug addicts and the amount of drug-related crime.

In fact, Branson joins a

growing chorus of voices in favour of softer drug legislation. Together with global leaders like Peruvian writer Mario Vargas Llosa and Ernesto Zedillo, former president of Mexico, he has formed the Global Commission on Drug Policy, which supports softer drug legislation.



Humanitarianism: It's up to businesses

OK, Branson surfs for fun, but he's also developed a knack for performing publicity stunts for good causes. A good cause, he argues, is often good business.

The boundaries between work and purpose are merging into one, he writes in his new book, *Screw Business As Usual*.

Branson names his concept

Capitalism 24902. (The name refers to the circumference of the globe.)

"Every single business person has responsibility for taking care of the people and the planet that make up our global village," he writes.

Curing disease may be the most daunting task facing the

business person who wants to save the planet.

In Britain, Branson thought up the Virgin Health Bank, where parents can store their children's stem cells.

"These cells could be used to treat a wide range of other conditions, from heart disease to diabetes, in the future," he says.

Music: The king maker

In the '60s and '70s, he started selling records while running a magazine. Virgin's first release was Tubular Bells by Mike Oldfield (1973), a chart-topper that led to deals with the Sex Pistols, Culture Club and many more. He sold Virgin Records to EMI in 1992 for \$1 billion US.

Quoted

"The music industry can make people rich beyond their dreams..."

Sir Richard Branson
Losing My Virginity: The Autobiography

Environment: Deal with problems in an entrepreneurial spirit

Celebrities like to travel to Necker Island, Branson's island in the Virgin Islands.

But Branson has smaller friends on his island too — ring-tailed lemurs, an endangered species from Madagascar that Branson has imported to his island in an attempt to save the animals.

Branson has larger environmental ambitions, too, and not just out of a desire to save the Earth.

"We have to deal with environmental problems in an entrepreneurial spirit," he told Metro earlier this year.

"For example, Virgin's

new aviation fuel uses waste from steel mills. Millions of jobs could be created worldwide by greening our cities. The environment would benefit, the cities would benefit, regular people would benefit, and it would stop money pouring out to the Middle East."

Branson has pledged to donate all his aviation businesses' profits to the development of alternative fuels.

His new Carbon War Room, in turn, encourages entrepreneurs and venture capitalists to come up with solutions to global warming.

Miguel bringing soul to new ears

R&B singer. New album breaking traditions of the genre with a broad range of influences and musical sensibilities

G. VALENTINO
BALL
Metro World News

R&B singer Miguel doesn't see himself as your everyday soul man. And with his iPod going from David Bowie to Prince to Queen to Kanye West to Diane Warren, he might be right.

His latest album, *Kaleidoscope Dream*, hits stores this week and on this sophomore release, he definitely paints outside the lines, something which he says is within the traditions of R&B.

"I've never been a traditional artist because my influences span a broad range of music and sensibilities," he says.

"The moment I started to incorporate my honest perspective into my music, all of these influences made their way into the sound and delivery of the art. R&B really influenced and inspired genres that are thriving today, including rock and hip-hop.

"It will always be soul at the core of it because that's who I am."

Miguel's unconventional blend of soul, hip-hop, rock and electronica has been successful.

His single *Adorn* is the latest in a string of hits the Los Angeles native has served up since his debut *All I Want Is You*.

A Grammy nod and three No. 1 hits on the R&B charts have him feeling good these days. "It's a blessing to make music that I'm in love with, but it's an even bigger blessing to have people fall in love with it too," he says.

His new album feels like a jam session between Coldplay and Prince; a formula that conventional wisdom says the R&B crowd would reject.

But conventional wisdom would be wrong. And the positive reception is welcomed as Miguel strives to give fans a timeless musical experience.

"I'm excited that people are open to the risks that I am taking," he says.

"I want people to leave with something they will remember forever. I want them to say, 'I remember when I was 19 and I took this girl to this Miguel concert.' I do my best to give myself to the moment so everyone can lower their guard and let the music in."



Miguel continues to break new ground with his unique sound. GETTY IMAGES

More on the artist

As an R&B singer, Miguel makes the music that is the backdrop for painting many a romantic canvas. However, when it's his time to play Picasso, his own songs aren't at the top of the playlist.

• Quote. "I'm not that narcissistic. There's some great music out there outside of the music that I make. I'm not that cool to listen to my music. It would just feel corny to me."

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FLIGHT SCHEDULE

FRIDAY, OCTOBER 5, 2012

Flight	Origin	Depart	Destination	Arrive	Stops
EG 401	Calgary (YYC)	9:00 AM	Vancouver (YVR)	9:25 AM	0
EG 602	Vancouver (YVR)	10:25 AM	Calgary (YYC)	12:45 PM	0

MONDAY, OCTOBER 8, 2012

Flight	Origin	Depart	Destination	Arrive	Stops
EG 401	Calgary (YYC)	9:35 AM	Vancouver (YVR)	10:20 AM	0
EG 602	Vancouver (YVR)	11:05 AM	Calgary (YYC)	1:25 PM	0

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Cesar Millan's techniques can help transition a farm dog into a city dog

Using confidence to overcome tension.

Planning, controlling a dog's instincts are key to making major life changes go smoothly

LIZ

BROWN

liz.brown@metronews.ca

Diving on top of my dog, April, to stop her from darting out onto a busy Toronto street in pursuit of a squirrel, left me with two bloody knees.

As I limped home, April jerking me in all directions in search of more prey, I knew I needed help.

My seven-year-old lab mix wasn't exactly adapting well to city living after spending the last year on my mom and dad's farm. Instead of spending her days prowling bucolic fields for rabbits and heading out on off-leash hikes with my family, she was now confined to a 350-square-foot bachelor apartment and spends at least eight hours alone each day. Aside from pulling me into oncoming traffic, she was also chewing bald patches in her coat. Short of sending her back to the farm, I didn't know what to do.

So when I limped into work last week after my April accident and my boss asked me if I wanted to interview Cesar Millan, who was in Toronto at the Newstalk 1010 studio to talk about his Trust Your Instincts Tour, I took the assignment. If there was anyone who could help me, it was the Dog



Cesar Millan teaches Metro's Liz Brown a few tricks to help her Labrador-mix, April, get used to the big city. SUPPLIED

Whisperer.

How do you help a dog make a major transition?

It's very important we acknowledge their uncertainty. What we need to do is no touch, no talk, no eye contact with dogs that come from an area where it's not as hectic. We need to let them come to us and get to know us from an energy perspective. That's the best thing you can do to any dog to let it know that you're welcoming them into this chaotic life.

How do I get her to stop chasing squirrels?

That's the thing. On the farm you don't mind that, you know she's coming back. But at the same time, there's one thing I would teach farmers: If you're ever going to bring a dog to the city, you have to do the transition of it ahead. You can control instincts, hunters do it all the time. So you have to be able to control that desire. (He points to the harness I have on April) Number one, that harness is not going to help you. A harness is for pulling or

tracking behaviour. A harness creates this (he stands up, darting back and forth and sniffs the air). And then the human is doing this (tenses up and looks afraid) "no, stop it, no, heel, no, over here, no, leave it." So the human is talking, but he's not creating calmness. The leash on the neck creates a calm state.

How can I stop her from chewing?

It's a physical

For more...

- **Cesar Millan's Trust Your Instincts Tour.** Canadian tour begins Nov. 4 in Victoria, and stops in 19 cities. For information about the show closest to you, visit metronews.ca.
- **Video.** Go to newstalk1010.com for an in-depth interview.

reaction to the new life because the level of stress. It's the same thing as why people numb themselves more often in the city than on a farm, because on a farm you're tired from physical work and the relaxation. (April starts chewing as we're talking, Cesar gives her a swift touch). You just give her a touch to stop the chewing. A lot of people will grab the nose and the mouth and say "no don't lick yourself, stop it." That doesn't work because you're giving the dog tension when he's already tense. So first, I stop the behaviour, then let her go into a calm state.

How can I give her enough exercise?

You need rollerblades. You need to match her speed.

Um, I'm not you, I've seen you on TV with rollerblades and dogs. I can't do that. (Laughs) I control the speed and direction. We know dogs don't want to walk, they want to run. Most people bring them from the house to the dog park and that's not healthy. What I'm saying is that "I'm going

to take you out of the house and you and me, we're going to run." And the dog thinks "you were with me the whole time, telling me what not to do, what not to chase." You need to be in control. Sometimes I have 15 dogs when I'm rollerblading.

Have you ever had any crazy falls?

Of course. But I just get back up. I used to surf. The waves knock you down all kinds of times, but you get back out there. I don't have fear. I'm not afraid of dying, it's not in my space. When you fall, sometimes the dog still goes and he's still excited and then you're chasing him and it's "cluck, cluck, cluck" on your rollerblades and he thinks you're playing (laughs).

So what's the most important thing for dog owners to remember about transitions?

What we have to understand is number one, how do we feel about this transition. And be honest, you have to have some brutal honesty. "I'm nervous, I'm fearful, I'm anxious, I'm confused." It's OK, so now you know the problem is not the transition for the dog, but how your energy affects them. I train people and rehabilitate dogs. I train people to see themselves as energy. So it doesn't matter what want in life, it matters how you deal with life.

Say Boo!

to boring costumes



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Kate Middleton. ALL PHOTOS GETTY IMAGES

Royal family fears more Middleton pictures to come

The British royal family's latest headache is apparently far from over, despite their victory in court against a French magazine that published topless photos of Kate Middleton.

There are apparently more photos — and possibly even a video — from their French vacation, and the latest also reportedly feature Prince William himself.

"Newspaper pictures editor tell me there are as many as 270 pictures being hawked around, which feature both the Duchess

Quote

"There are as many as 270 pictures being hawked around."

Willard Foxton
On photos of the Royals floating around

and Prince William naked," says the Telegraph's Willard Foxton. "Only 24 have appeared thus far. The Palace's nightmare is that the pictures are stills from a video."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Arnold's new memoir full of some choice quotes



THE WORD
Dorothy Robinson
scene@metronews.ca



Arnold Schwarzenegger

Arnold Schwarzenegger's new memoir, *Total Recall: My Unbelievably True Life Story*, is 640 pages of straight-up boasting by the former bodybuilder-turned-movie-star-turned-governor.

Oh, his ego. It truly is unbelievable. Metro compiled the best, non-humblebrags from the book.

When he first started dating Maria:

"The outside world looked at our relationship in a simpleminded way, as a juicy success story. 'Isn't it amazing that he wins Mr. Olympia and all these bodybuilding championships and then he gets this big movie contract and then gets a Kennedy as his girlfriend?'"

When he first met his future mother-in-law, Eunice Kennedy:

"The first words I blurted out were, 'Your daughter has a great ass.' I always loved to say outrageous things to people."

On their rehearsal dinner:

"The toasts on Maria's side

were about her and how great she is and how I'd benefit from being her husband. From my side it was the opposite. What a great guy and perfect human being I am, and how she'd benefit from that."

On justifying cheating on Maria before they were hitched:

"The fling with Brigitte Nielsen underlined what I already knew, I wanted Maria to be my wife."

His take on acting:

"Compared to being an action hero, it was a lot easier to be a comic star."

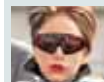
Amazing Arnold quotes taken out of context:

"Doing battle with a giant mechanical snake left me sore for a week."

"Jewish people have played such key roles in my life."

"There was something comical about seeing two black people accusing each other of being black. We laughed about it later."

Twitter



@ladygaga

I feel like I'm staring at my album on the floor in hundreds of trimmings, to be sewn into a couture gown. In beautiful pieces, she is.



@JohnCleese

Just sitting down to start my autobiography. Problem is... remembering any of it ...



@PaulaAbdul

Awwwww! I missed you too! xoxoP



@ConanOBrien

Starting a 3-day juice cleanse by dunking my cheeseburger in juice.



Rihanna

Rihanna continues reconciliation with Chris Brown

It looks like Rihanna just can't keep away from Chris Brown — even if he is supposedly dating model Karrueche Tran.

The infamous exes were spotted at NYC nightclub The Griffin this week "hugging

and kissing," a source tells Celebuzz.

"And they went to the back of the club alone together."

And Brown was spotted early the next morning sneaking out of the hotel where Rihanna is staying. The public displays of affection did not go over so well with Tran, apparently. "She felt the kiss was a public slap in the face," a source tells Us Weekly.

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3
LIFE'Tis the season for seduction,
fun and body armour

Getting out the glitz, glam and faux-fur at Paris Fashion Week

PHOTOS AND TEXT BY ASSOCIATED PRESS

**Miu Miu
Meow!**

Miu Miu's spring-summer 2013 show in Paris had a wintery vibe. Despite the slightly off-kilter season, it was a slick display, with lashings of faux-fur on coats and stoles with dyed patterning at the brand often seen as Miuccia Prada's baby sister offshoot. It picked up nicely on this season's fascination with prints as contrasting explosions on loose skirt suits — sometimes resembling the negative of a photograph. As ever, it remained demure, but back features graced a few reversed tops.

**Vuitton goes
retro-chic**

What do you get if you mix up the world's most famous checks and Paris' most famous stripes?

The answer: Louis Vuitton, whose 1960s style spring-summer fashion show, in typically spectacular style, twinned the iconic checked Damier pattern with a set designed by artist Daniel Buren. Understatement is not a word in designer Marc Jacobs' vocabulary. So a collaboration with minimalist artist Buren — who made the famed striped columns in Paris' Palais Royal — might have raised eyebrows.

In fashion terms it was strong, with most of the 64 retro looks delivered in Mary-Quant-style.

**Chanel perks up!**

Fun was the healthy mantra that infiltrated Tuesday's Chanel show — a bright and diverse collection brimming with great new ideas. Silver bauble appliqués became buttons, A-line skirts were playfully short, colourful checks contrasted funkily with geometric flashes and feather fringing billowed exuberantly. One model in a crossing "C" swimsuit even carried a three-foot handbag. A bold new fashion idea was the reworked bolero jacket with curved shoulders, often spruced up with inflated arms.

**Sarah Burton
spars McQueen
style**

Fashion is body amour. At least it is for Sarah Burton, who tapped her fantastical imagination for Alexander McQueen to conjure up fashion week's most original show: mixing insect-like armoury with on-trend stiff bar jackets of the New Look, as well as 19th century crinoline.

If it sounds strange, it was — set to a backdrop of images of bees and honeycomb — with each model wearing a visor reminiscent at once of the 1950s wide hat, a cage and a beekeepers mask.

**Valentino
between the
lines**

"Suggestion is seduction," was the theme of Valentino's accomplished spring-summer 2013 show in Paris, which saw the storied Italian fashion house move subtly more sensual. Italian design duo Maria Grazia Chiuri and Pier Paolo Piccioli kept their strict, high collars and didn't bare too much flesh but eased their conservative designs, in razor-thin slits and cutouts.

On the web



Qriket

Christina Applegate's breast cancer charity teams with ASICS for pink athletic gear

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Keasha says yes to Canada

Keasha's Perfect Dress. New show follows the ups and downs of Canadian brides and gives us some tips on avoiding the bride-zilla fate

ELIZABETH
BEDDALL

scene@metronews.ca

After five seasons spent as a beloved bridal consultant on TLC's Say Yes to The Dress, Keasha Rigsby has opted to let the ladies of Canada in on some wedding wisdom. Her new show Keasha's Perfect Dress, which premiered Tuesday on Slice, follows the ups and downs of Canadian brides as they pursue their dream gown with Keasha by their sides. She took a moment to talk to Metro about duct tape, her decision to move and the dos and don'ts of the dress search.

From your time on Say Yes To The Dress, you became 'the consultant that everyone hopes they end up with.' Why do you think you were such a fan

favourite?

They can see the fact that I care... about the bride, not so much about the sale or having the highest commission. I don't like to give up. I fight to the end. If it's 30 dresses later... as long as I can release and say you know what, this is perfect. It's just that I love what I do.

Why set up shop in Canada?

Well a lot of my brides that travelled to see me at Kleinfeld, they flew from Canada to see me. And I would always say, now it's my turn to return the favour. And I'm here for them. And plus Canada's so clean. Have you seen New York? Forget it!

What are a few storylines that really touched you or stuck out to you as you taped this season?

One that touched me in particular, and still touches me today, is a bride that has cancer. So they're trying to push everything forward as quickly as possible so we're just hoping that she's going to be able to walk down the aisle. Then there's another one where her dress is be-



Keasha Rigsby styles the modern bride on her new show. SUPPLIED

ing made out of duct tape. She's done it, she's made dresses out of duct tape. She succeeded. So that is going to be quite interesting.

What are three tips you have for brides who are starting their wedding search?

I want the bride to get her venue first. You can't just come in shopping for a dress and you're between the Cayman Islands or a castle. Get that first. The second thing would be, don't go crazy shopping. If you're trying on 25 or 50 dresses then you're

totally lost. Don't go nuts. Go to two — three the most — bridal salons, and try to work from there. The more dresses you try, the more confused you'll get. Number three, be sure to be yourself. Don't let somebody talk you into something or change you into someone that you're not. Be yourself.

What's one thing that you are passionate about that has nothing to do with wedding dresses?

My boys.

The Kit

Canadian street style

Spotted in: Ottawa

Yessica
Fashion designer,
boutique stylist
Where: Rideau Street
Age: 20

What she's wearing
Vintage jacket, Urban
Outfitters jacket, Jeffrey
Campbell shoes

Her inspiration
"My style is contemporary with a dash of vintage."

THE KIT PHOTOBLOGGER:
JUSTYNA BARANIECKI, CHAMELEONIC.COM

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Rancic inspires women to take charge and stay healthy

Do it for the girls!

Giuliana Rancic hosts party to inspire women to conduct breast self-exams

JERYL
BRUNNER

scene@metronews.ca

Giuliana Rancic greeted us with her megawatt smile and a warm hello when we sat down to chat at the Hotel Gansevoort. Her elation was palpable. Less than one month earlier, she and husband Bill Rancic welcomed their little boy Edward Duke, delivered via surrogate. In fact, the E! News anchor credits her baby for helping to save her life.

Last year, during IVF treatment, a mammogram revealed a tumor. She was just 36. But it was caught early enough to be treatable. As this year's spokesperson for P&G's Do It For the Girls! Day of Action, Rancic hosted a Twitter party, #GIVEHope, to inspire women nationwide to conduct breast self-exams and take the first steps toward implementing an early detection plan. She talked to us candidly about her treatment, her travails and the joys of being a new mother.



Rancic teaches women about self-care for breast exams. GETTY IMAGES

You've said early detection saved your life. How so?

That's exactly what saved my life — finding the breast cancer early. I was 36, had no family history and I found it early in a mammogram. I remember hearing I had breast cancer. I thought it was a death sentence. Then, it wasn't until the doctor said, "Since we found it early, you have a 98 percent survival rate." I went, "What? 58?" He's like, "98." I'm like, "Wow. That's good. I'm going to survive." ... As women we're so busy taking care of everyone else. ... we don't go to the doctor as much as we should. We just try to manage everything

ourselves. But if you let it go, if you don't get checked and you find that you have an advanced stage of breast cancer, people are going to have to take care of you.

What did going through cancer teach you?

I'm stronger than I thought I was. But I think true strength comes when you have no other alternative but to be strong. Now I know I can tackle a lot of things that I never thought I could tackle before. ... The other thing [I learned] too is just how loving people are — not even just family and friends, but all around the world.

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richard.peckett@metro.lu

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church-footwear.com

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shoes
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Topman

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\$24 US, topman.com

ASOS

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\$60 US, asos.com



Outdoor chores are a great way to work off that Thanksgiving pie

DIY ideas. Check out these tips for projects you can do all around your house

The autumn long weekend is here, and it's a great time to get some things done around your house before the weather gets much colder.

Take inspiration from DIY Network's special The Ultimate Crash where hosts Josh Temple, Matt Muenster and Ahmed Hassan join together to give one house three massive makeovers — house, yard and bath.

House: Get the look of autumn

Window boxes are a popular way to bring colour in the summer months, but they can also be updated in the cooler months to reflect the décor of the season.

You can reflect your own style by creating window boxes that are traditional or modern. Try to use vivid colours that reflect the season like oranges, rusts and red which can be

found in gourds, pumpkins, and mums. Leafy textures are also popular and can be incorporated through fountain grass, variegated ivy, ornamental cabbage or black mondo grass.

Take advantage of the many types of pumpkins available now, as well as seasonal branches like bittersweet that can add an extra pop of colour.

Yard: Winterize your lawn

Cooler months are a great time to promote root growth in your lawn, and you will see results in just four easy steps.

First use a spreader to fertilize the lawn, following directions carefully to ensure you use the correct amount.

Secondly you must aerate the lawn to provide air for the roots and make holes for planting seeds by taking out spikes of soil.

The third step is to seed the lawn. Be sure to purchase 'cool season' or 'cool weather' grass seed to use at this time of year. Evenly distribute the seed over your lawn.

Lastly you need to rake and water. Raking will break up soil clumps and cover the seeds to

protect them. Water the lawn with a gentle spray on your garden hose. Continue to keep your lawn moist before the real cold weather begins.

Bath: Tips for a better bathroom

Use free time this weekend to maximize space, light and style in your bathroom for a spa-like experience all winter.

Consider installing indirect lighting behind your bathtub and setting tea lights on the windowsills to set the mood for a relaxing soak that will warm you up this winter.

Depending on the layout of your bathroom, now might be the time to install an additional sink or even an automatic hand-dryer. Both of these can ensure your bathroom is efficient, practical and clutter-free.

Take tips from the outdoors this fall and use reclaimed wood to frame recessed shelves or even as a mirror frame to add new style to your bathroom.

THE ULTIMATE CRASH AIRS ON DIY NETWORK CANADA SUNDAY OCTOBER 7 AS PART OF A HOUSE CRASHERS MARATHON BEGINNING AT 10AM ET/7AM PT.



Soon it will be too cold for all these fun chores. ISTOCK IMAGES



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metro

FIRST-TIME HOMEBUYERS

Thursday, October 4, 2012



There are plenty of factors to think about — lifestyle, budget, mortgage, etc. — that go into deciding on a first home purchase. ISTOCKPHOTO/THINKSTOCK

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Building blocks

Variables. Buying a new home requires thought about your ideal purchase

ASTRID
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For Metro

Townhome or detached?
City or suburb?

There are plenty of factors that go into deciding and planning on purchasing your first home.

Here's what you need to know.

IT'S ALL ABOUT THE MONEY
This is really where your home search begins — how much can you afford?

And a realtor can help you determine this, notes Ron Abraham, president of the Toronto-based Ontario Real Estate Association.

"You need to know what you can afford and how not to get in so deep that you end up in financial difficulty," he said.

"So take the advice of a realtor — how much do you make? How many bills do you have? You need to know how much you can realistically afford to buy that dream."

Where to get help

Before you meet with prospective real estate agents, click on Canada Mortgage and Housing Corporation's site (cmhc-schl.gc.ca).

There are a variety of decision-making tools available to help you make

the big purchase including: Checklists to evaluate real estate agents; home inspection checklists; home features checklists; mortgage calculators; home hunting comparison worksheets; and more.

SET REALISTIC EXPECTATIONS

"One of the problems with buyers today is they're used to living at home in their parents' nice four-bedroom, three-bathroom, three-car garage home," Abraham said. "And then they want to start where their parents are today after 30 to 40 years of hard work. They have to get their expectations aligned with what they can afford."

Not sure where to start researching?

Realtor.ca lists multiple real estate agent affiliated listings coast to coast and allows you to search via price, home features and more.

KNOW YOUR LIFESTYLE

Sit down and think through your way of life, which in turn will help determine where and what type of home you buy.

"You need to consider factors such as: Are you outdoorsy types? Do you prefer a vibrant downtown community? Do you plan to have children? Also, along with knowing what they like, they need to anticipate what their needs will be," Abraham said.

He also suggests considering all factors involved, including home maintenance — do you like doing repairs and maintaining a lawn and garden?

"If not, maybe a condo is for you because condos offer different features. There are advantages and disadvantages for both," he said.

In the end, Abraham advises buyers to take a hard, realistic look at what you want in a home versus what you need in a home.

"Because for homebuyers, quite often those are two different things."

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Price depends on where you live

JON TATTRIE
For Metro

Many factors affect the price of your first home, but few things rival that old real estate truism: Location, location, location.

While the size of the home, its proximity to downtown, and the age and quality of materials will all affect the price, the city you buy in will likely dominate other variables.

The Canadian Real Estate Association recently developed a great online tool that lets you look at how far your money will go across Canada. You can toggle between different areas, and different types of houses, to see what you can expect to pay by province or city.

Metro looked at prices in five cities across the country: Vancouver, Calgary, Toronto, Montreal, and Halifax.

If you want to buy a townhouse in the Greater Montreal area, you can expect to pay about \$290,300. In the Greater Toronto area, a townhouse goes for about \$324,200. A Calgary townhouse averages \$276,600. The Greater Vancouver area will set you back the most — a \$462,300 cheque for your first townhouse. According to Royale LePage, an average Halifax townhouse costs about \$270,000.

The CREA tool also offers insight into the stability of the property markets. Twelve months ago, the same townhouse in Vancouver actually cost more — \$471,200 — while the Toronto town-

house would have cost less, at \$306,600. Halifax prices are steadily increasing.

There is a wide range for single-family homes. In Vancouver, you can expect to pay almost \$1 million — or \$941,900, to be exact. In Calgary, the price is half that, with an average single-family home going for \$420,200. In Toronto, that same house will cost you \$523,100. In Montreal, you will be paying just \$302,300. The Canada Mortgage and Housing Corporation lists an average Halifax home at \$259,060. However, if you are looking for a first-time Halifax home off the peninsula, you can get one for around \$230,000.

Prices generally get cheaper the further you are willing to live outside of a city.

Closing day. Costs add up

Closing day is an exciting day for the first-time homebuyer, as you finally get hold of the keys. But first, you will have to let go of a large amount of money. Closing costs quickly add up and can cost thousands of dollars before you legally take ownership.

Tim Melnyk, president of the Manitoba Real Estate Association, says most closing costs total about 1.5 per cent of the purchase price. That includes land-transfer tax, lawyer fees and adjustment for property taxes. You may be unprepared for an expensive lawyer bill for what may seem like a simple task, but Melnyk discourages a do-it-

yourself approach.

"A buyer wants to protect themselves," he said. "I don't know anybody who has attempted to do a land transfer by themselves."

The land-transfer tax is based on the property's value. You can get an idea of what you will pay by entering your figures into an online calculator. Many provinces have free online services.

For example, Manitoba's is at gov.mb.ca/finance/land-transfertax.html

Your purchase may be subject to the federal goods and services tax, or your province's harmonized version of the GST. This gener-

ally applies to new-build homes.

If you used a mortgage broker, that fee may be due by closing day. You could be required to do a land survey prior to closing to confirm boundaries and ensure fences or sheds aren't straying outside of those lines. Your mortgage provider may require a professional inspection of the home to see what condition it is in before it cuts a cheque.

You may be able to set a monthly payment schedule for the property taxes, but expect to pay everyone else before you close the deal.

JON TATTRIE

Get financial house in order

RICHARD
WOODBURY
For Metro

Before prospective first-time homebuyers fall in love with a home, one of the first things they should do is figure out what exactly they can afford to pay for a home.

"Knowing what you can afford monthly in terms of a mortgage, that will dictate ... what houses you can buy, what your price range is," said Mark Salerno, a spokesperson with the Canada Mortgage and Housing Corporation (CMHC).

To ensure that disappointment is avoided, people should get a mortgage pre-approval from their lender. This will determine how much of a mortgage they can afford and will include performing certain calculations, such as the gross debt service (GDS) ratio.

This is calculated by determining one's housing costs, which are established by adding up mortgage payments (principal and interest), property taxes and heating expenses.

CMHC says the sum total of these things shouldn't exceed 32 per cent of one's gross monthly income.

Another affordability rule



Before buying a home, people should figure out exactly what they can afford. JUPITERIMAGES/CREATAS/THINKSTOCK

from CMHC is that one's entire monthly debt load shouldn't be more than 40 per cent of their gross monthly income. The monthly debt load is calculated by adding up housing costs and all other debt payments one makes, such as credit card payments and car loans.

An important decision first-time homebuyers will have to make is the amortization period and the down

payment amount for the mortgage.

"Over the course of the last few years, some of the regulations have been tightening," said Andrew Gibson, a BMO mortgage specialist from Halifax.

In getting ready to finance a mortgage, people should also look into their credit worthiness. "You need to vigilantly manage your credit," Salerno said.

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Proper insurance can help if something goes wrong. WAVEBREAK MEDIA/THINKSTOCK



There are as many insurance policies as there are families, and getting the right fit can take time. ISTOCKPHOTO/THINKSTOCK

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JON
TATTRIE
For Metro

Buying your first home often triggers a number of other life changes that can see you thinking deeply about insurance. There are as many policies as there are people, and getting the right fit can take time.

First, there is mortgage loan insurance. Generally, if you make a down payment of less than 20 per cent you will be required to get loan insurance to protect your lender in case you default. It can be paid in a lump sum, or added to your regular payments. The cost is connected to the cost of the property.

But you will also need to consider insurance for the house or condo itself and its contents in case things go wrong.

"An insurance representative will help you properly insure your home for inevitable perils," says Pete Karageorgos, manager of consumer and industry relations for Insurance Bureau of Canada. "Insurance folks tend to look at the what-ifs of the world, the negative situations that might occur, to ensure that people are properly protected."

That includes insurance if the home is damaged or destroyed, say in a fire or storm, or if you become ill and cannot pay the mortgage, or if you buy it with another person and one of you dies.

Karageorgos says if you

Contents insurance

- In addition to the value of replacing your home, consider the cost of replacing the contents. Pete Karageorgos says, as a rule of thumb, value your contents at 75 per cent of the value of your home. So if you paid \$200,000 for your home, insure the contents for \$150,000.

get a cheap policy, it might cost you in the long run. For example, a basic policy might not cover sewer backup. If your basement contains your swank TV, washer and dryer and plush furniture, and it's all wrecked when sewage flows the wrong way out of the toilet, you will have to replace it out of your own pocket. A more expensive policy will cover that.

Karageorgos also says you should make sure your home is properly valued. He says insurance companies will want to know what the home is made of, how old it is, the square footage, any upgrades like a granite countertop, because that will add to the replacement cost.

Separate policies for life or health insurance can offer some protection in the event that you or your partner can't work for medical reasons, or if one of you dies the policy can pay out the cost of the mortgage. This is especially useful for young families reliant on one salary.

The costs of insurance vary a great deal depending on many factors to do with you and your home. Expect to pay several hundred dollars annually for basic coverage.



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On her own

Statistics. Number of reasons why more single women are deciding to purchase real estate

**RICHARD
WOODBURY**
For Metro

While the statistics are hard to come by, anecdotal evidence suggests more and more single women are buying real estate. In fact, it was this trend that led Royal LePage to release a report on this topic in 2007.

At the centre of the creation of this report was Dianne Usher, a broker with Royal LePage Real Estate Services Ltd. in Toronto.

"I was observing through the realtor community that more and more single women were buying real estate," she said.

Usher said there are a number of reasons why more single women are purchasing real estate.

"Women are waiting longer to get married," she said. "They are having a professional life first and during that time period, we can rent or we can own real estate."

In other words, women aren't necessarily waiting for

Gender divide

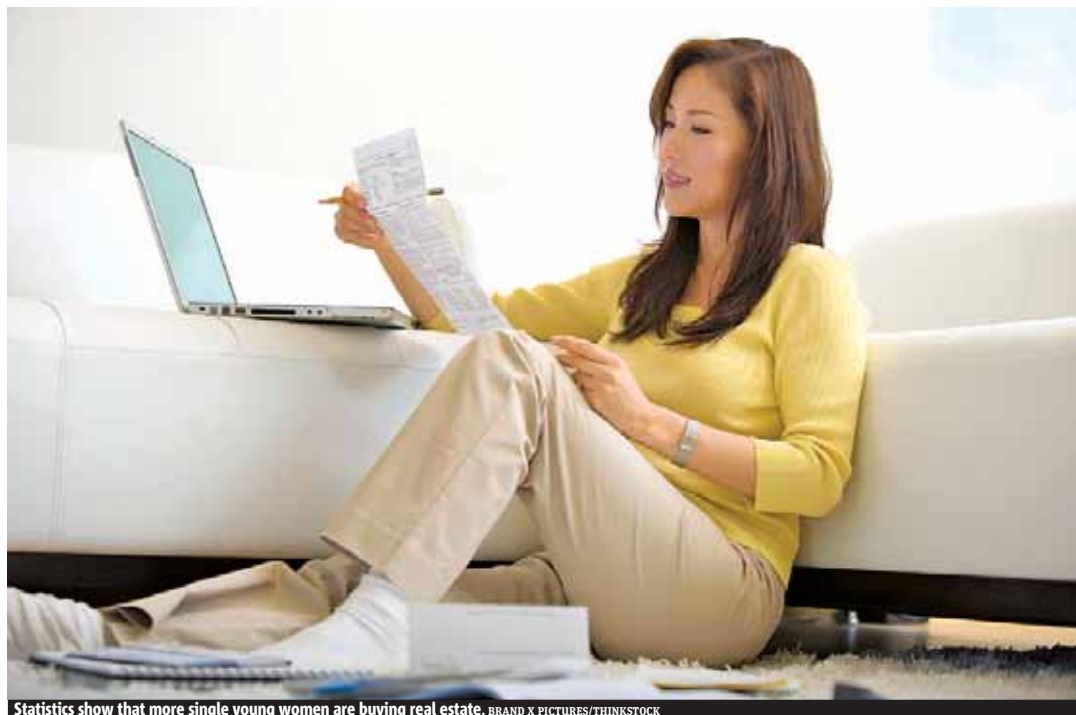
- One of the commonly cited statistics regarding single homebuyers is actually an American one. The statistic comes from the National Association of Realtors (NAR), which reports that among first-time and repeat homebuyers, 21 per cent are single females, while just 12 per cent are single males.

**Source: The 2011 NAR
Profile of Home Buyers
and Sellers**

a partner to come along to purchase real estate, they are grabbing the bull by the horns and doing it on their own.

Continued low interest rates are also helping fuel the trend as it makes home ownership more affordable.

Economic factors are another reason since purchasing real estate seems to be a more stable investment these days than investing in the money



Statistics show that more single young women are buying real estate. BRAND X PICTURES/THINKSTOCK

markets, particularly when considering the sluggish stock market.

Sandra Rinomato, the host of HGTV's Buy Herself, has noticed since she began practising real estate 16 years ago that more single women are purchasing real estate. In

fact, her show follows single women as they purchase real estate, whether it be a 20-something professional about to buy her first condo, a newly divorced woman or a widower.

Rinomato says one of the reasons for the trend is that it

is now easier for women to get financing. "Thirty years ago, financial institutions were not lending money to women who did not have male co-signers," she says.

Looking specifically at first-time homebuyers, more women appear to be lining up

than men to do so.

According to the 19th annual RBC Homeownership Poll, among Canadians who plan to buy a home within the next two years, women (49 per cent) are more likely than men (35 per cent) to be first-time homebuyers.

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BUSS MARKETING

Debate. Should you buy new or used?

RICHARD
WOODBURY
For Metro

For the first-time homebuyer, one of the many questions they will have to ponder is whether they want to purchase a new home or a resale one. It's not an easy decision as there are many advantages and disadvantages to the decision.

"There will always be different pros and cons for each property for each and every different homebuyer," Jeremy Kyle, a real estate agent with RE/MAX All Points Realty in Coquitlam, B.C., wrote in an email.

For example, factors such as the age of the property and location will matter to some people, but not others.

In light of this, there are a few key factors people should keep in mind when trying to decide between new and resale.

"New is always nice because you get choice," said Laurin Jeffrey, a real estate agent in Toronto with Century 21 Realty Inc. Brokerage.

This choice means people are able to customize the home (within reason) and pick the finishes for things



Do you want to buy a new home or a resale? There are both advantages and disadvantages involved with your ultimate decision. ISTOCKPHOTO/THINKSTOCK

like flooring, tiling and countertops.

This customization can extend to other areas. Jeffrey says if you show up on the

right day of construction with a box of doughnuts, you may be able to get the electrician to put the electrical plugs exactly where you want them.

Another commonly cited benefit of new homes is that they will usually come with a warranty, which provides some measure of comfort.

Regardless, a new home may not be everything it's cracked up to be.

"A lot of times people expect a brand new home to

Sales taxes

"In my experience, the reason that most people are likely to purchase resale homes is to avoid the sales taxes associated with the purchase of the new home."

Jeremy Kyle, a real estate agent with RE/MAX All Points Realty in Coquitlam, B.C.

be perfect," Jeffrey said. "It's not."

There is a break-in period for the home and things are going to shift and settle. Nail pops will happen and cracks and gaps will appear.

Jeffrey says that with a resale home, all of those things are likely to have already occurred.

From a landscaping perspective, new homes will often come with a basic landscaping package and to have a nicely landscaped property, people will have to make the most of their green thumb.

With a resale home, "the people have probably already done this sort of thing for you," Jeffrey said.

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Who better to celebrate soup with than The Soup Sisters?

The Soups Sisters Cookbook is more than a cook featuring delicious recipes from chefs such as Anna Olson and Michael Bonacini.

It is also a part of non-profit organization Soup Sisters. The brainchild of Calgary's Sharon Hapton, Soup Sisters provides comfort to women, youth and

children through the making, sharing and donating of soup.

The cookbook is a celebration of the best recipes from the project, which sees participants pay a \$50 registration fee to participate in a soup-making event at a local professional kitchen under the guidance of a chef facilitator. The soup is

then delivered to a local shelter.

Caren McSherry is one of the Soup Sisters in the book. As owner of the Gourmet Warehouse, a store that offers high quality gourmet foods and supplies in Vancouver, and a cookbook author, she knows all about making delicacies.

McSherry shares her recipe

for her Tuscan Bean soup.

1. Purée half the beans until smooth, adding little water if necessary. Place puréed beans in a bowl with remaining whole beans and set aside.

2. In pot over medium heat, sauté onion, carrot, celery and



This recipe serves six. JULIE VAN ROSENDAAL.

leek in oil, until onion softens.

3. Stir in all beans and tomatoes, garlic and thyme. Add stock. Bring to a boil over high heat, then reduce the heat to medium-low. Simmer, uncovered, until the vegetables are tender, about 30 minutes. While the pot simmers, prepare crostini (see below).

4. Season the soup with salt and pepper to taste.

5. Ladle in a wide shallow bowl, and garnish with Parmesan and playful floating crostini.

Sun-Dried Tomato Crostini

1. Thinly slice half a baguette and bake the slices in a single

layer on a baking sheet in a 350 F (180 C) oven until dry and crispy, about 30 minutes.

2. In a small bowl combine 1/2 cup (125 ml) finely diced sun-dried tomatoes and half a bunch of parsley, finely minced. Spoon the mixture sparingly onto the baguette slices.

RECIPE IS EXCERPTED FROM THE SOUP SISTERS COOKBOOK, EDITED BY SHARON HAPTON WITH PIERRE A. LAMIELLE. COPYRIGHT © SHARON HAPTON, 2012. EXCERPTED BY PERMISSION OF APPETITE BY RANDOM HOUSE, A DIVISION OF RANDOM HOUSE OF CANADA. ALL RIGHTS RESERVED. NO PART OF THIS EXCERPT MAY BE REPRODUCED OR REPRINTED WITHOUT PERMISSION IN WRITING FROM THE PUBLISHER.

Ingredients

- 2 cups (500 ml) cooked white navy beans
- 1 onion, diced
- 1 carrot, peeled and diced
- 2 stalks celery, diced
- 1 leek, white and pale green parts only, washed and sliced
- 1/3 cup (80 ml) olive oil
- 6 large Roma tomatoes, diced
- 3 cloves garlic, minced or finely chopped
- 2 sprigs fresh thyme leaves
- 8 cups (2 l) chicken stock
- Salt and pepper to taste
- Sun-dried tomato crostini (see below)
- Freshly grated Parmesan cheese for garnish

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JOHN K. HALL BRINGING BACK CREATIVITY, PASSION

Canadian whisky is big news. Connoisseurs right around the world are singing its praises again, and Canada's whisky makers are doing something really smart to keep it that way. They are creating a whole new range of ultra-flavourful drams.

Leading the way is wine maker turned whisky maker, John K. Hall with his Forty Creek whiskies – whiskies that have won the world's most coveted awards. When Hall was asked what makes Forty Creek whiskies stand out from the crowd, he said: "Canadian whisky is a Canadian icon, just like maple syrup and hockey. I really want to bring back creativity and passion to our country's spirit. Whisky can be just as complex, perhaps more complex than wine. Bringing out the subtle aromas and taste characteristics is what makes whisky great."

As a first generation whisky maker,



John K. Hall

CONTRIBUTED

Hall says that while he respects tradition, he is not bound by it. For example, unlike some distillers, he distills and ages each grain separately. "This approach allows me to highlight the flavour of each grain — nuttiness from the barley, fruitiness and spiciness from the rye and weight and body from the corn."

Hall's creativity doesn't stop there. He loves to experiment with different barrels for aging — sherry casks for Barrel Select, once-used bourbon barrels for Double Barrel Reserve, and even Canadian oak barrels for his Confederation

Oak. "I have worked with many types of oak barrels and every wood creates a distinctive taste expression."

Innovative and distinct whiskies such as these, along with Hall's new Copper Pot Reserve, fill a growing demand for decidedly flavourful whiskies. So put yesteryear behind you and join a new generation of whisky connoisseurs from around the world.

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— Davin de Kergommeaux

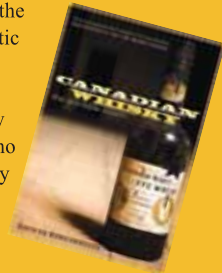


Davin de Kergommeaux

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CONNOISSEUR'S APPRECIATION

Canadian Whisky: The Portable Expert takes readers on a journey through the first systematic presentation of Canadian whisky: How it's made, who makes it, why it tastes the way it does, its history, and the rich, centuries-old folklore surrounding it. For the first time, whisky consumers can approach Canadian whisky with a connoisseur's appreciation.



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NHL keeping concerned sponsors in the loop

No end in sight.

League, union meet for fourth time in five days but again talk secondary issues and not core economics

With no end in sight to the NHL lockout, the league is doing all it can to ease the concerns of its sponsors.

A small group of key clients gathered Wednesday afternoon in Toronto for an audience with chief operating officer John Collins, who provided an update on labour negotiations and took questions from participants.

A source indicated that representatives from Molson, Canadian Tire, Sport Chek, Kraft, Sirius XM and Scotiabank participated in the meeting. One attendee called the session "productive" and applauded

Collins for taking part.

"They were very transparent with us," said the source, who requested anonymity. "I was looking around the room and the long-term, cumulative contract dollars around the table were probably at the \$100-million mark. It's a significant chunk of change for the league."

League officials have held a series of conference calls with business partners in recent months in an effort to keep

everyone informed.

With the NHL on hold, sponsors have been forced to abandon plans to activate against the league and some have started channelling money into other projects. Typically, campaigns and product launches take months to pull together — posing a problem for league partners given the uncertainty brought on by the lockout.

"We don't know when the end line is," said the source.

THE ASSOCIATED PRESS

Sponsorships and growth

Sponsorships played a significant role in the immense growth the league enjoyed after the 2004-05 lockout.

- Twenty-two new partners signed on with the NHL over that period as it geared its calendar around signature events, such as the Winter Classic.



Cabrera becomes first Triple Crown winner since 1967

Miguel Cabrera of the Detroit Tigers tips his hat as he leaves the game in the fourth inning Wednesday in Kansas City, Mo. Cabrera became the 15th player to win baseball's Triple Crown, the reluctant superstar thrust into the spotlight after joining an elite list that includes Mickey Mantle, Ted Williams and Lou Gehrig. ED ZURGA/GETTY IMAGES

Mobile sports



Cricket

With the Jets 2-2, scores of disappointed New Yorkers are wondering why "Tebow Time" shouldn't start on Monday against the undefeated Houston Texans. He may be wondering the same thing.

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OHL ditches rink-side goal judges

Evolution of hockey. Video replay has made the officials behind the net expendable in major junior league



JOHN MATISZ
Metro in London, Ont.

Video killed the radio star. And now, the rink-side goal judge as well.

At the Ontario Hockey League's annual general meeting in August, the board of governors approved a motion to eliminate the role of the rink-side red-light pusher.

A couple of weeks into the 2012-13 season, at London Knights games and elsewhere, fans are beginning to notice the absence of behind-the-net goal judges. The noble duty has

been a part of hockey game aesthetics for more than a century.

While these office officials aren't losing a "real" job, with teams hiring goal judges on a volunteer or honorarium basis, it's certainly a change of scenery.

"You can't go anywhere in the building without somebody asking you, 'How come you're not down there goal judging?'" said Dave Longfield, a judge at Knights games from 2000-11. "You get it continuously."

The league's decision to sink the role starts and ends with the advancement of video-replay technology. Just like the National Hockey League did in 2006, the OHL has come to the conclusion that the human element associated with goal judging is irrelevant.

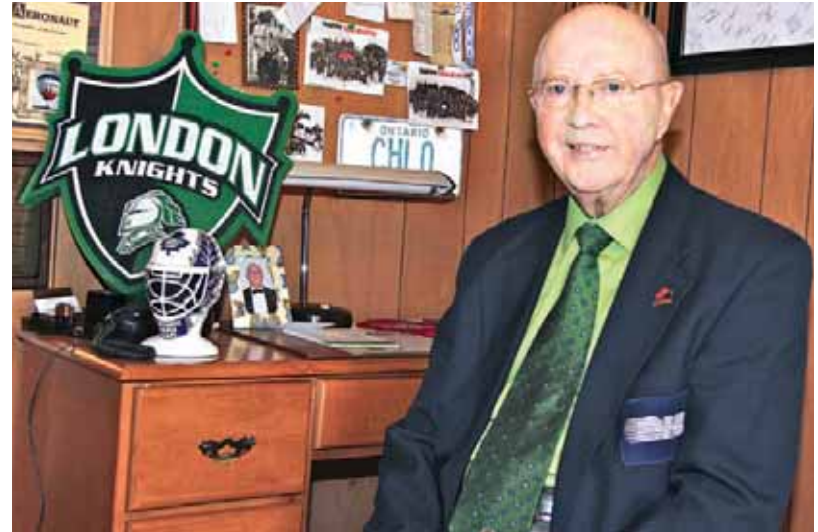
"Now that we have video and four on-ice officials, they're redundant," said Conrad Hache, the OHL's director of officiating.

A dying breed

- Goal judges were first introduced in 1877.
- They were initially called umpires.
- Only a handful of NHL goal judges remain rink-side.

The iconic red light still ignites after a referee signals a goal has been scored. The main difference is someone in the press box is flipping a switch instead, and naturally does so at a slower pace.

Longfield believes that takes away from the game's lustre. "It inspires the crowd," he said. "The puck goes into the net, you flip the light on, and everybody cheers. It's great. Now, it's kind of a delayed reaction."



Dave Longfield, 75, of London, Ont., has been relieved of his duties as one of two rink-side goal judges at London Knights games. JOHN MATISZ/METRO IN LONDON, ONT.

Comeback. Athletics stun Rangers to claim West

The Oakland Athletics captured the AL West with another improbable rally in a season full of them, coming back from four runs down and a 13-game division deficit to stun the two-time defending league champion Texas Rangers 12-5 on Wednesday.

"We knew this is a beast of a team we would have to beat, and to be able to beat them three games in a row and win the division on top of it, really it's a magical-type thing," manager Bob Melvin said.

The Washington Nationals got sized for hats with



Josh Reddick of the Oakland Athletics celebrates Wednesday in Oakland, Calif. GETTY IMAGES

post-season patches, then beat Philadelphia 5-1 to earn home-field advantage all the way through November, if necessary.

THE ASSOCIATED PRESS

Fourth-place finish

Disappointing year ends for Jays

Brandon Morrow struck out 11 batters over eight strong innings as the Toronto Blue Jays closed out a disappointing 2012 season Wednesday with a 2-1 victory over the Minnesota Twins at Rogers Centre.

Morrow (10-7) held the Twins to just three hits on the night. Brandon Lyon worked the ninth inning for his first save.

The Blue Jays finished fourth in the American League East with a 73-89 record, while the Twins finished last in the AL Central at 66-96.

THE CANADIAN PRESS

Yankees capture AL East title with sweep of Red Sox

Robinson Cano and Curtis Granderson each hit a pair of homers, powering the New York Yankees past the Boston Red Sox 14-2 on a raucous Wednesday night in the Bronx for their 13th AL East title in 17 years.

In front of fans poised to party from the first pitch on the final night of the regular season, the Yankees completed a three-game sweep of the last-place Red Sox to win their second consecutive division crown. The championship was locked up by the seventh inning, when Baltimore's 4-1

Let the games begin

The playoffs begin Friday with a pair of winner-take-all wild-card matchups. The defending World Series champion St. Louis Cardinals visit Chipper Jones and the Atlanta Braves in the NL, then Baltimore plays at Texas in the new, expanded format.

loss at Tampa Bay went final and prompted a huge ovation from the 47,393 in attendance. Alex Rodriguez stepped

out of the batter's box, and several players high-fived and hugged in the dugout while coaches shook hands.

But the subdued celebration didn't really start until Freddy Garcia struck Ivan De Jesus looking to end it. Players hugged and slapped fives on the field and put on their AL East champion shirts and hats as fans feted them with a standing ovation with "New York, New York" blaring over the loudspeakers. The team walked off the field to chants of "Let's go Yankees!"

THE ASSOCIATED PRESS

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB	WC
x-New York	95	67	.586	—	—
y-Baltimore	93	69	.574	2	—
Tampa Bay	90	72	.556	5	3
Toronto	73	89	.451	22	20
Boston	69	93	.426	26	24

CENTRAL DIVISION

	W	L	Pct	GB	WC
x-Detroit	88	74	.543	—	—
Chicago	85	77	.525	3	8
Kansas City	72	90	.444	16	21
Cleveland	68	94	.420	20	25
Minnesota	66	96	.407	22	27

WEST DIVISION

	W	L	Pct	GB	WC
x-Oakland	94	68	.580	—	—
y-Texas	93	69	.574	1	—
Los Angeles	89	73	.549	5	4
Seattle	75	87	.463	19	18

x — clinched division; y — clinched wild-card berth.

Wednesday's results

Toronto 2 Minnesota 1

Chicago White Sox 9 Cleveland 0

Detroit 1 Kansas City 0

N.Y. Yankees 14 Boston 2

Oakland 12 Texas 5

Seattle 12 L.A. Angels 0

Tampa Bay 4 Baltimore 1

END OF REGULAR SEASON

Tuesday's results

Toronto 4 Minnesota 3

Baltimore 1 Tampa Bay 0

Cleveland 4 Chicago White Sox 3 (12 innings)

Kansas City 4 Detroit 2

N.Y. Yankees 4 Boston 3 (12 innings)

Oakland 3 Texas 1

Seattle 6 L.A. Angels 1

AL LEADERS

	G	AB	R	H	Avg.
McBarrera, Det	160	620	109	205	.313
Trout, LAA	138	556	129	180	.324
Mauer, Minn	146	543	81	174	.320
Beltre, Tex	155	600	95	191	.318
Jeter, NYY	158	679	99	215	.317
TorHunter, LAA	139	532	81	167	.314
Butler, KC	160	611	72	191	.313
Fielder, Det	161	580	83	181	.312
Cano, NYY	160	623	102	192	.308
Rios, ChiW	157	605	93	184	.304

RUNS — Trout, L.A. Angels, 129; McBarrera, Detroit, 109; Kinsler, Texas, 104; AJackson, Detroit, 103; AdJones, Baltimore, 103; Cano, N.Y. Yankees, 102; Hamilton, Texas, 102.

RBI's — McBarrera, Detroit, 139; Hamilton, Texas, 128; Encarnacion, Toronto, 110; Willingham, Minnesota, 110; Fielder, Detroit, 108; Butler, Kansas City, 107; Pujols, L.A. Angels, 105.

HITS — Jeter, N.Y. Yankees, 215; McBarrera, Detroit, 205; Cano, N.Y. Yankees, 192; Beltre, Texas, 191; Butler, Kansas City, 191; Agordon, Kansas City, 188; AdJones, Baltimore, 185.

HOME RUNS — McBarrera, Detroit, 44; Hamilton, Texas, 43; Encarnacion, Toronto, 42; Adunn, Chi Sox, 41; Granderson, N.Y. Yankees, 41; Beltre, Texas, 36; Willingham, Minnesota, 35.

STOLEN BASES — Trout, L.A. Angels, 49; RDavis, Toronto, 45; Remy, Minnesota, 40; Crisp, Oakland, 39; AEscobar, Kansas City, 34; DeJennings, Tampa Bay, 31; Kipnis, Cleveland, 31; BUpston, Tampa Bay, 31.

PITCHING — Weaver, L.A. Angels, 20-4; Price, Tampa Bay, 20-5; MHarrison, Texas, 18-11; Sale, Chi Sox, 17-8; Verlander, Detroit, 17-8; Scherzer, Detroit, 16-7; Darvish, Texas, 16-9; PHughes, N.Y. Yankees, 16-13.

Not including Wednesday's games

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB	WC
x-Washington	98	64	.605	—	—
y-Atlanta	94	68	.580	4	—
Philadelphia	81	81	.500	17	7
New York	74	88	.457	24	14
Miami	69	93	.426	29	19

CENTRAL DIVISION

	W	L	Pct	GB	WC
x-Cincinnati	97	65	.599	—	—
y-St. Louis	88	74	.543	9	—
Milwaukee	83	79	.512	14	5
Pittsburgh	79	83	.488	18	9
Chicago	61	101	.377	36	27
Houston	55	107	.340	42	33

WEST DIVISION

	W	L	Pct	GB	WC
x-San Francisco	94	68	.580	—	—
Los Angeles	86	76	.531	8	2
Arizona	81	81	.500	13	7
San Diego	76	86	.469	18	12
Colorado	64	98	.395	30	24

Wednesday's results

Atlanta 4 Pittsburgh 0

Chicago Cubs 5 Houston 4

Colorado 2 Arizona 1

L.A. Dodgers 5 San Francisco 1

N.Y. Mets 4 Miami 2

San Diego 7 Milwaukee 6

St. Louis 1 Cincinnati 0

Washington 5 Philadelphia 1

END OF REGULAR SEASON

Tuesday's results

Arizona 5 Colorado 3

Cincinnati 3 St. Louis 1

Houston 3 Chicago Cubs 0

Miami 4 N.Y. Mets 3 (11 innings)

Milwaukee 4 San Diego 3

Pittsburgh 5 Atlanta 1

San Francisco 4 L.A. Dodgers 3

Washington 4 Philadelphia 2

NL LEADERS

	G	AB	R	H	Avg.
McBarrera, SF	113	459	84	159	.346
Posey, SF	147	528	78	178	.337
AMCutchen, Pgh	156	590	107	193	.327
Braun, Mil	153	594	107	190	.320
Y Molina, StL	138	505	65	159	.315
DWright, NYM	155	579	91	178	.307
Craig, StL	119	469	76	144	.307
Scutaro, SF	155	617	86	189	.306
Pacheco, Col	131	471	50	144	.306
Jay, STL	117	443	70	135	.305

RUNS — Braun, Milwaukee, 107; AMCutchen, Pittsburgh, 107; JUpston, Arizona, 107; Rollins, Philadelphia, 102; Harper, Washington, 97; Bourn, Atlanta, 95; Holliday, St. Louis, 95; Pagan, San Francisco, 95.

RBI's — Headley, San Diego, 113; Braun, Milwaukee, 112; Asoriano, Chi Cubs, 108; Pence, San Francisco, 104; ArRamirez, Milwaukee, 104; Holliday, St. Louis, 102; Posey, San Francisco, 102.

HITS — AMCutchen, Pittsburgh, 193; Braun, Milwaukee, 190; Scutaro, San Francisco, 189; Prado, Atlanta, 186; AHill, Arizona, 184; SCastro, Chi Cubs, 183; Reyes, Miami, 183.

HOME RUNS — Braun, Milwaukee, 41; Stanton, Miami, 37; Bruce, Cincinnati, 34; LaRoche, Washington, 33; Beltran, St. Louis, 32; Asoriano, Chi Cubs, 32; Davis, N.Y. Mets, 31; Headley, San Diego, 31; AMCutchen, Pittsburgh, 31.

STOLEN BASES — EvCabrera, San Diego, 43; Bourn, Atlanta, 40; Reyes, Miami, 39; Victorino, L.A. Dodgers, 39; Pierre, Philadelphia, 37; CGomez, Milwaukee, 36; Altuve, Houston, 33.

PITCHING — GGonzalez, Washington, 21-8; Dickey, N.Y. Mets, 20-6; Cueto, Cincinnati, 19-9; Lynn, St. Louis, 18-7; Hamels, Philadelphia, 17-6; Seven tied at 16.

Not including Wednesday's games

BLUE JAYS 2, TWINS 1

Minnesota

	ab	r	h	bi
Span c	4	0	0	0
Revere rf	4	1	3	0
Mauer dh	2	0	0	0
Parnell 1b	4	0	0	0
Plouffe pf	2	0	0	0
ACasill pr-2b	1	0	1	0
MCarsn lf	4	0	0	1
Escobar 2b-3b	4	0	0	0
Butera c	3	0	0	0
Florniss ss	3	0	0	0
Totals	31	1	4	1

Minnesota

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100

000

—1

Toronto

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00x

—2

DP—Minnesota 2. LOB—Minnesota 6, Toronto 3. 3B—Gose (3), SB—A.Casilla (21), R.Davis (46).

Minnesota

	IP	H	R	ER	BB	SO
Diamond L,12-9	5	5	2	2	1	3
Al.Burnett	2	1	0	0	0	3
Perdomo	1	0	0	0	0	0

Toronto

Morrow W,10-7

Lyon S,1-1

1

1

0

0

0

0

WP—Diamond.

T—2-21. A—19,769 (49,260) at Toronto.

MLB PLAYOFFS

All Times Eastern

WILD CARD

Friday's games (single-game elimination)

NATIONAL LEAGUE

St. Louis (Lohse 16-3) at Atlanta (Medlen 10-1), 5:07 p.m.

AMERICAN LEAGUE

Baltimore at Texas (Darvish 16-9), 8:37 p.m

DIVISION SERIES (Best-of-5)

AMERICAN LEAGUE

N.Y. YANKEES VS. WILD CARD WINNER

Sunday's game

N.Y. Yankees at Baltimore-Texas winner, TBA Monday, Oct. 8:

N.Y. Yankees at Baltimore-Texas winner Wednesday, Oct. 10

Baltimore-Texas winner at N.Y. Yankees Oakland VS. DETROIT

Saturday's game

Oakland at Detroit (Verlander 17-8), 6:07 p.m.

Sunday's game

Oakland at Detroit Tuesday, Oct. 9

Detroit at Oakland Wednesday, Oct. 10

St. Louis-Atlanta winner at Washington CINCINNATI VS. SAN FRANCISCO

Saturday's game

Cincinnati (Cueto 19-9) at San Francisco (Cain 16-5), 9:37 p.m.

Sunday's game

Cincinnati (Arroyo 12-10) at San Francisco (Bumgarner 16-11)

Tuesday, Oct. 9

San Francisco at Cincinnati

CFL

WEEK 15

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	13	8	5	0	360	378	16
Toronto	13	7	6	0	317	321	14
Hamilton	13	5	8	0	401	409	10
Winnipeg	13	3	10	0	247	406	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	13	9	4	0	338	249	18
Calgary	13	8	5	0	376	302	16
Saskatchewan	13	7	6	0	341	280	14
Edmonton	13	5	8	0	279	314	10

Friday's game — All Times Eastern

Hamilton at Edmonton, 9 p.m.

Saturday's game

Calgary at B.C., 10 p.m.

Monday, Oct. 8

Winnipeg at Montreal, 1 p.m.

Saskatchewan at Toronto, 4:30 p.m.

CRICKET

WORLD TWENTY20

SUPER EIGHTS

At Colombo, Sri Lanka

GROUP ONE

Monday's results

West Indies 139 def. New Zealand 139-7, in one-over eliminator

Sri Lanka 169-6 def. England 150-9 by 19 runs

GROUP TWO

Tuesday's results

Pakistan 149-6 def. Australia 117-7 by 32 runs

India 152-6 def. South Africa 151 by one run

SEMIFINALS

Thursday's match — All Times Eastern

Sri Lanka vs. Pakistan, 3:30 a.m.

Friday's match

Australia vs. West Indies, 3:30 a.m.

FINAL — Sunday: Semifinal winners, TBD

TENNIS

ATP-WTA CHINA OPEN

At Beijing

Wednesday's results

MEN

Singles — Second Round

Novak Djokovic (1), Serbia, def. Carlos Berlocq, Argentina, 6-1, 6-3.

Jurgen Melzer, Austria, def. Alexandr Dolgopolo (6), Ukraine, 7-6 (9), 2-6, 6-1.

WOMEN

Singles — Second Round

Maria Sharapova (2), Russia, def. Sorana Cirstea, Romania, 6-2, 6-2.

Polona Hercog, Slovenia, def. Ekaterina Makarova, Russia, 7-6 (5), 3-6, 7-6 (3).

Third Round

Agnieszka Radwanska (3), Poland, def. Lourdes Dominguez Lino, Spain, 2-6, 6-1, 6-4.

Marion Bartoli (9), France, def. Julia Gorges, Germany, 6-3, 7-6 (2).

Romina Oprandi, Switzerland, def. Ana Ivanovic (11), Serbia, 6-4, 6-3.

ATP RAKUTEN JAPAN OPEN

At Tokyo

Wednesday's results

Singles — First Round

Janjo Tipsarevic (3), Serbia, def. Gilles Simon, France, 4-6, 6-3, 6-1.

Juan Monaco (4), Argentina, def. Grigor Dimitrov, Bulgaria, 6-2, 6-1.

Second Round

Andy Murray (1), Britain, def. Lukas Lacko, Slovakia, 6-1, 6-2.

Stanislav Wawrinka (7), Switzerland, def. Jeremy Chardy, France, 7-6 (1), 6-7 (6), 7-5.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	2	2	0	.500	81	109
New England	2	2	0	.500	134	92
Buffalo	2	2	0	.500	115	131
Miami	1	3	0	.250	86	90

SOUTH

	W	L	T	Pct	PF	PA
Houston	4	0	0	1.000	126	56
Indianapolis	1	2	0	.333	61	83
Jacksonville	1	3	0	.250	62	97
Tennessee	1	3	0	.250	81	151

NORTH

	W	L	T	Pct	PF	PA
Baltimore	3	1	0	.750	121	83
Cincinnati	3	1	0	.750	112	112
Pittsburgh	1	2	0	.333	77	75
Cleveland	0	4	0	.000	73	98

WEST

	W	L	T	Pct	PF	PA
San Diego	3	1	0	.750	100	71
Denver	2	2	0	.500	114	83
Kansas City	1	3	0	.250	88	136
Oakland	1	3	0	.250	67	125

WEEK FIVE

Byes: Dallas, Detroit, Oakland, Tampa Bay

Thursday's game — All Times Eastern

Arizona at St. Louis, 8:20 p.m.

Sunday's games

Baltimore at Kansas City, 1 p.m.

Atlanta at Washington, 1 p.m.

Philadelphia at Pittsburgh, 1 p.m.

Green Bay at Indianapolis, 1 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Kansas City	31	17	7	7	39	25	58
New York	31	15	8	8	54	44	53
Chicago	31	16	10	5	43	39	53
D.C. United	31	15	10	6	48	40	51
Houston	31	13	8	10	44	37	49
Columbus	31	14	11	6	39	39	48
Montreal	31	12	15	4	44	49	40
Philadelphia	30	9	15	6	34	37	33
New England	31	7	16	8	37	43	29
Toronto	31	5	19	7	35	59	22

Western Conference

	GP	W	L	T	GF	GA	Pt
x-San Jose	31	18	6	7	65	39	61
x-Real Salt Lake	31	16	11	4	44	34	52
x-Los Angeles	31	15	11	5	55	43	50
x-Seattle	30	13	7	10	45	31	49
Vancouver	32	11	12	9	35	40	42
Dallas	31	9	12	10	38	41	37
Colorado	31	9	18	4	39	46	31
Portland	31	7	15	9	32	52	30
Chivas USA	31	7	17	7	21	53	28

x — clinched playoff berth.

Wednesday's results

Vancouver 4 Chivas USA 0

Philadelphia 3 Chicago 1

Saturday's games — All Times Eastern

D.C. United at Toronto, 1 p.m.

Chicago at New York, 3:30 p.m.

New England at Philadelphia, 7 p.m.

Montreal at Houston, 8:30 p.m.

San Jose at Colorado, 9 p.m.

Real Salt Lake at Los Angeles, 9 p.m.

UEFA CHAMPIONS LEAGUE

FIRST ROUND

Wednesday's results

GROUP A

Dynamo Kyiv (Ukraine) 2 Dinamo Zagreb (Croatia) 0

ASIAN CHAMPIONS LEAGUE

QUARTER-FINALS

SECOND LEG

Wednesday's results

Bunyodkor (Uzbekistan) 3 Adelaide United (Australia) 2

(Bunyodkor advances on 5-4 aggregate)

Ulsan (South Korea) 4 Al Hilal (Saudi Arabia) 0

(Ulsan advances 5-0)

NASL PLAYOFFS

All Times Eastern

SEMIFINALS (two-game, total goals)

SAN ANTONIO (1) VS. MINNESOTA (5)

Saturday's game

San Antonio at Minnesota, 8:30 p.m.

Sunday, Oct. 14

Minnesota at San Antonio, 7 p.m.

TAMPA BAY (2) VS. CAROLINA (3)

Saturday's game

Tampa Bay at Carolina, 7 p.m.

Saturday, Oct. 13

Carolina at Tampa Bay, 7 p.m.

Horoscopes

Aries

March 21 - April 20

Try not to make up your mind too quickly about someone today. It does not matter if your initial impressions are good or bad. Either way, they are going to be an important and positive force in your life.

Taurus

April 21 - May 21

Keep emotions out of what you have to do today. If you allow your feelings to get in the way of common sense, you could make a serious mistake — the kind that costs you money you cannot afford to lose.

Gemini

May 22 - June 21

The message of the stars for you today is quite straightforward: Don't take your luck for granted. Both in your personal life and in your career you will need to work hard to get ahead — and harder still to stay there.

Cancer

June 22 - July 23

You are reading too much into a situation that most times you would simply ignore. You may find it hard to convince yourself that you are overreacting but you really do need to keep things in perspective.

Leo

July 24 - Aug. 23

Today's cosmic alignment warns if you let slip personal information of any kind, it could backfire on you later in the month. Keep what you know to yourself, especially when it is potentially embarrassing.

Virgo

Aug. 24 - Sept. 23

Don't worry if your confidence is at a low ebb because that will change very soon. What also needs to change is the way you approach your work. Are you taking too much for granted? Give it some thought.

Libra

Sept. 24 - Oct. 23

You may be tempted to make a decision concerning your future today but with Jupiter now entering one of its retrograde phases, it might be best to put it off to a later date.

Scorpio

Oct. 24 - Nov. 22

Money and investment issues may be causing you a bit of concern but there is probably not much you can do about them at the moment. Trust that everything will turn out right in the end. It usually does.

Sagittarius

Nov. 23 - Dec. 21

Partnerships and relationships have been under good stars of late and that trend is set to continue but that does not mean you no longer have to work at them. What can you do today to improve your affairs?

Capricorn

Dec. 22 - Jan. 20

Attitude is everything. If you think you can succeed, you most likely will. If you think you may fail, you will subconsciously make it happen. Keep believing and keep trying — and you'll keep winning.

Aquarius

Jan. 21 - Feb. 19

Your confidence may be high, and with good reason, but don't let it carry you away to some fabulous la-la land where everything happened as if by magic. Be positive but keep your feet on the ground, too.

Pisces

Feb. 20 - March 20

Try not to dwell on thoughts that upset you. Focus on areas you can feel happy about and pretend the bad stuff does not exist. You are very sensitive to your environment, which is why you may need to move.

SALLY BROMPTON

Stuff and No Nonsense

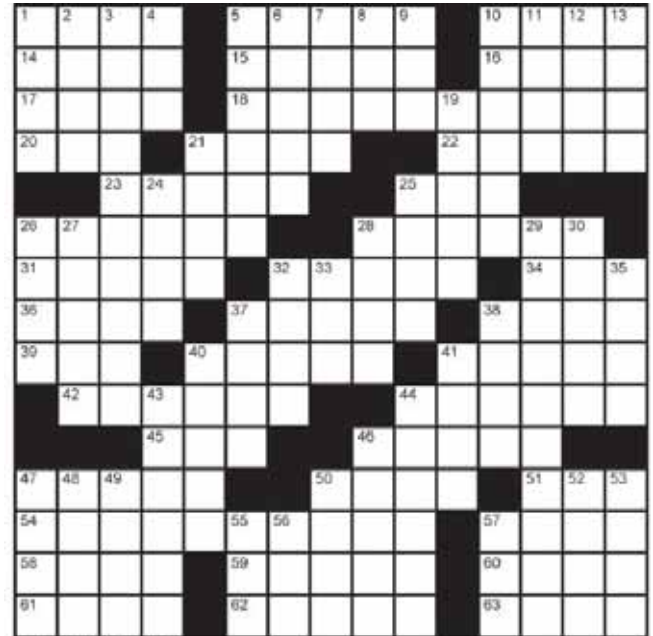
Across

1. Jewelry repository
5. Dreams: Fr.
10. Air Force installation
14. Go ____ great length: ramble (2 wds.)
15. It's west of BC
16. Specialty (in education, say)
17. "All You Need Is ____": 1967 Beatles chart-topper
18. They form the Alberta-BC border (2 wds.)
20. Yoko ____ Lennon
21. Destitute
22. Rental contract
23. People with computers
25. Part of kph or mph
26. Diamond weights
28. Gracious and elegant
31. One at ____: singly (2 wds.)
32. Blacksmith, while tending to horse hooves
34. How-____: instruction manuals
36. Inevitable outcome
37. Eucalyptus lover
38. High: Fr.
39. Before: poetic
40. World's biggest airline, by passengers
41. Popular Toyota model
42. Vancouver ____: Victoria's location
44. Hairpiece
45. PC key usually next to the spacebar
46. Symbolic Canadian leaf
47. "____ Little Prayer": Dionne Warwick hit (3 wds.)
50. Like an owl, proverbially
51. BC Hydro structure

54. Canada's government
57. Mexican coin
58. Norway's capital
59. Cycling legend Armstrong
60. Bend in a sink's pipe
61. Broadway attraction
62. Puts money into a poker pot before cards are dealt
63. African cobras

Down

1. On one's own
2. Before much longer, poetically
3. Teachers' pets
4. Québec summer
5. Copter blades
6. Reverberations
7. Abruptly change course
8. Corn unit
9. ____-Cat: winter vehicle
10. ____ dozen: 13
11. Operatic solo
12. Observes
13. Comfortable state
19. Cloudless
21. Baseball's Rose or Townshend of The Who
24. Identical
25. "Not guilty," for one
26. Bistro
27. "Centipede" and "Asteroids" video game company
28. Pepsi or Coke
29. Calgary CFL team
30. "Tag, ____ it!"
32. Vended
33. Chapeau
35. Eye problem



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37. Clark ____: Superman's alter ego
38. Drag along
40. Buddhism's ____ Lama
41. Contend with difficulties
43. Played it cool or stayed out of sight (2 wds.)
44. Samples a bit of (food)
46. Chop well, as garlic
47. Wall St. offerings
48. Part of Miss Canada's

- attire
49. "Alice's Restaurant" chronicler Guthrie
50. Got going
52. Stat!
53. Spill cleaners
55. ____ mode: with ice cream (2 wds.)
56. Chess or checkers piece
57. School fund-raising grp

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

6	9	4	6	3	2	5	7	1
1	3	2	8	5	7	4	9	6
6	7	5	9	4	1	8	2	3
2	4	8	7	6	5	1	3	9
7	5	6	1	9	3	2	8	4
9	1	3	2	8	4	7	6	5
5	8	9	4	2	6	3	1	7
4	2	7	3	1	9	6	5	8
3	6	1	5	7	8	9	4	2

Weather

TODAY

FRIDAY

SATURDAY



MAX: 6°
MIN: -4°



MAX: 7°
MIN: -6°



MAX: 15°
MIN: 4°



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